

Second P.B.B.Sc. Nursing Examination, Summer - 2023 (Phase - III)
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **black** ball point pen only.
 - 2) **Do not** write anything on the **blank** portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all Sections.

SECTION - "A" (40 Marks)

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
 - a) Characteristics of mentally healthy person.
 - b) Management of patient having dementia.
 - c) Classification of mental disorders.
 - d) Extra Pyramidal Symptoms.
 - e) Qualities of Psychiatric Nurse.
 - f) Explain the Negative signs of schizophrenia.

2. Long answer question (**any one** out of two) : [1 × 15 = 15]
 - a)
 - i) Define Bipolar disorders. [2]
 - ii) Write the etiology of mania. [3]
 - iii) Write the clinical features of mania. [5]
 - iv) Enlist five nursing diagnosis of mania and write nursing management of mania. [5]
 - b)
 - i) Define mental retardation. [2]
 - ii) Write the causes of mental retardation. [5]
 - iii) Write the management of person with profound mental retardation. [8]

SECTION - "B" (35 Marks)

3. Short answer question (**any five** out of five) : [4 × 5 = 20]
Four.
- a) Care of patient with suicidal tendency.
 - b) Nurse's responsibility for a patient receiving anti-psychotics.
 - c) Enlist the members of Mental Health Team and explain their responsibilities in brief.
 - d) Therapeutic Impasses in Therapeutic Nurse Patient Relationship.
 - e) Family Therapy.
4. Long answer question (**any one** out of two) : [1 × 15 = 15]
- a) i) Write the clinical features of paranoid schizophrenia. [5]
ii) Write the psychopathology of paranoid schizophrenia. [2]
iii) Write the nursing management of paranoid schizophrenia. [8]
 - b) i) Write the indications & contra indications of Electro Convulsive Therapy. [5]
ii) Role of nurse in Pre ECT care. [5]
iii) Role of nurse in post ECT Care. [5]

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Final P.B.B.Sc. Nursing Examination, Winter - 2022

MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (40 Marks)

1. Short Answer Questions (any five out of six):

[5 × 5 = 25]

- a) Concept of normal and abnormal behaviour.
- b) Classification of Mental Disorders.
- c) Phobic Neurosis.
- d) Attention deficit hyperactivity disorder.
- e) Preventive and rehabilitative aspects in substance abuse.
- f) Diagnostic criteria and management of mental sub-normality/mentally challenged client.

2. Long answer question (any one out of two) : [1 × 15 = 15]
- Define Psychiatric Emergency. Discuss the causes of suicidal tendencies. Write nursing management of a client with suicidal attempts.
 - Define community mental health nursing. Discuss national mental health program. Explain role of nurse in preventive psychiatry.

SECTION - "B" (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]
- Personality disorders.
 - Post Traumatic Stress Disorder.
 - Role of nurse in Psychopharmacology.
 - Child Guidance Clinic.
 - Modified Electro Convulsive Therapy.

4. Long answer question (any one out of two) : [1 × 15 = 15]
- Define Obsessive Compulsive Disorder. Explain Clinical features of Obsessive Compulsive Disorder. Write psychiatric management and nursing management of a client with Obsessive Compulsive Disorder.
 - Define Schizophrenia. Explain the etiological factors of Schizophrenia. Discuss psychiatric management & nursing management of a client with Schizophrenia.



Second P.B.B.Sc. Nursing Examination, Phase - II Summer - 2022
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
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 - 3) **All questions are compulsory.**
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 - 7) Use a common answer book for all sections.

SECTION - "A" (40 Marks)

1. Short answer question (**any five out of six**) : [5 × 5 = 25]
 - a) Enlist the mental mechanisms and explain any five with examples.
 - b) Management of patient with violent behaviour.
 - c) Characteristics of mentally healthy person.
 - d) Misconceptions about mental illness.
 - e) Process Recording.
 - f) Grieving process by Kubler & Ross.

2. Long answer question (**any one out of two**) : [1 × 15 = 15]
 - a)
 - i) Enlist the types of admissions in psychiatric hospitals. (2)
 - ii) Explain admission and discharge under a Reception Order. (8)
 - iii) Explain McNaughton's Rule. (5)

- b) i) Write the definition of community mental health. (2)
 ii) Write the role of nurse in Primary Level of Prevention. (8)
 iii) Write the nursing management of patient with social phobia. (5)

SECTION - "B" (35 Marks)

3. Short answer question (**any four** out of five) : [4 × 5 = 20]

- a) Basic Rights of mentally ill persons.
 b) Nurse's responsibility in Pre ECT care.
 c) Alcoholic Anonymous.
 d) Classification of Sexual disorders.
 e) Management of patient with suicidal tendency in psychiatric ward.

4. Long answer question (**any one** out of two) : [1 × 15 = 15]

- a) i) Write the etiological factors of mood disorders. (2)
 ii) Write the clinical features of depression. (5)
 iii) Write the nursing management of severe depression. (8)
 b) i) Write the definition of Therapeutic Nurse Patient Relationship. (2)
 ii) Explain the phases and tasks of Therapeutic Nurse patient Relationship. (8)
 iii) Explain various Therapeutic communication Techniques. (5)



[Total No. of Pages : 2

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Second P.B.B.Sc. Nursing Examination, (Phase - III) Winter - 2021
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use *blue/black* ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
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 - 7) Use a common answer book for all sections.

SECTION - "A" (40 Marks)

1. Short answer question (any five out of six) : [5 × 5 = 25]
 - a) Enumerate general principles of Mental Health Nursing.
 - b) Extra pyramidal symptoms.
 - c) Abreaction therapy.
 - d) Hebephrenic Schizophrenia.
 - e) Role of nurse in prevention of mental retardation.
 - f) Difference between psychotic and neurotic depression.

2. Long answer question (any one out of two) : [1 × 15 = 15]
 - a) Define Mania, Explain Clinical features of Mania and write nursing management for the person with Mania.
 - b) Define Therapeutic Nurse Patient Relationship, Discuss phases of Therapeutic Nurse Patient Relationship.

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SECTION - "B" (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]
- a) Civil responsibilities of a mentally ill person.
 - b) Etiology of suicide.
 - c) Separation anxiety disorder.
 - d) Autism.
 - e) Etiological factors in psychoactive substance use.
4. Long answer question (any one out of two) : [1 × 15 = 15]
- a) Define Dementia, Discuss etiological factors of Dementia and write nursing management for the person with Dementia.
 - b) Discuss National Mental Health Programme (1982).

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Second P.B.B.Sc. Nursing Examination, Summer - 2021
MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

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 - 7) Use a common answerbook for all sections.

SECTION-A (40 Marks)

1. Short answer question (**any five out of six**) [5×5=25]
 - a) Role and qualities of mental health nurse.
 - b) Therapeutic impasse.
 - c) Objectives of mental health Programme.
 - d) Legal and ethical issues in mental health nursing
 - e) Discuss types of Schizophrenia.
 - f) Difference between delirium and dementia.

2. Long answer question (**any one out of two**): [1×15=15]
 - a)
 - i) Define ADHD.
 - ii) Explain the causes and clinical manifestations of ADHD.
 - iii) Discuss the management of patient with ADHD.

 - b)
 - i) Define Psychotherapy.
 - ii) Explain various types of psychotherapy.
 - iii) Discuss in detail the role of nurse in behavior therapy.

SECTION-B (35 Marks)

3. Short answer question (**any four** out of five): [4×5=20]
- a) Discuss Therapeutic communication technique.
 - b) Lithium Carbonate.
 - c) Psychodynamic theory of obsessive compulsive disorder.
 - d) Role of nurse in preventive psychiatry.
 - e) Disorder of sexual preferences.
4. Long answer question (**any one** out of two): [1×15 =15]
- a)
 - i) Define mania.
 - ii) Explain the causes of Mania in detail.
 - iii) Discuss the management of client with bipolar disorder.
 - b)
 - i) Classify psychoactive substance abuse.
 - ii) Explain the etiology and clinical manifestation of alcohol dependence.
 - iii) Discuss the management of client with alcohol intoxication.



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[Total No. of Pages : 2



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Second P.B.B.Sc. Nursing Examination, Summer
(Phase - III : All Other Remaining UG/PG Courses) - 2020

MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
 - 7) Use a common answer book for all sections.

SECTION - A (40 Marks)

1. Short answer question (any five out of six) [5 × 5 = 25]
 - a) Therapeutic Impasse.
 - b) Sexual preferences.
 - c) Management of patient with aggression.
 - d) Explain the clinical manifestation of paranoid schizophrenia.
 - e) Classification of sub-normality.
 - f) Johari Window and its application in Nursing.



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2. Long answer question (any one out of two) [1 × 15 = 15]
- Enlist the classification of psychoactive substance abuse, Explain the complications of alcohol dependence & Discuss the management of patient with alcohol withdrawal.
 - Define attention deficit hyperactive disorder, Explain the clinical manifestations of attention deficit hyperactive disorder & Describe the management of patient with attention deficit hyperactive disorder.

SECTION - B (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]
- Explain the features of dissociative disorders.
 - Discuss psychodynamic theory in Obsessive compulsive disorder.
 - Discuss on Tablet Haloperidol.
 - Discuss any 5 Therapeutic communication techniques.
 - Role and qualities of mental health and psychiatric nurse.
4. Long answer question (any one out of two) : [1 × 15 = 15]
- Discuss community health nursing. Discuss mental health services and agencies & Write role of nurse in preventive psychiatry.
 - Define and enlist the types of bipolar mood disorder. Describe four stages in mania & Discuss the management of patient with bipolar mood disorder.





**Second P.B. B.Sc. Nursing Examination, Winter (Phase - III All
Other Remaining UG/PG Course) - 2019
MENTAL HEALTH NURSING**

Total Duration : Section A + B = 3 Hours

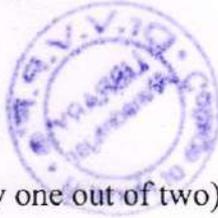
Total Marks : 75

SECTION - A & SECTION - B

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 - 7) Use a common answerbook for all sections.

SECTION - "A" (40 Marks)

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
- a) Write principles of psychiatric nursing.
 - b) Therapeutic Impasse.
 - c) Discuss Signs & Symptoms of phobia.
 - d) Role of a nurse in community mental health nursing.
 - e) Describe phases of nurse patient relationship.
 - f) Explain Nursing management of patient with suicidal behaviour.



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2. Long answer question (any one out of two) : [1 × 15 = 15]
- a) Enlist signs & symptoms of mental illness. Write classification of mental disorders.
 - b) Write down the nursing management for the children suffering from Attention deficit hyperactivity disorder (ADHD). Write nursing management of ADHD.

SECTION - "B" (35 Marks)

3. Short answer questions (any four out of five) : [4 × 5 = 20]
- a) Alcohol Anonymous.
 - b) Write note on Anorexia nervosa.
 - c) Write note on crisis intervention.
 - d) Explain Nurses responsibility in legal aspects in psychiatry.
 - e) Discuss Electro convulsive therapy.
4. Long answer question (any one out of two) : [1 × 15 = 15]
- a) Define group therapy. Describe the steps of group therapy. Write a note on application of group therapy in substance abuse patients.
 - b) Define mania. List clinical features of mania. Write nursing care plan of patient with mania.



[Total No. of Pages : 2



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Second P.B.B.Sc. Nursing Examination, Summer (Phase - II) 2019
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answer book for all sections.

SECTION - A (40 Marks)

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
 - a) Thought disorder at content level.
 - b) Explain Characteristics of mentally healthy person.
 - c) Delirium Tremens.
 - d) Mental Retardation.
 - e) Principles of Psychiatric Nursing.
 - f) Autism.

2. Long answer question (**any one** out of two):
 - a)
 - i) Define Schizophrenia. Make a list of types of Schizophrenia. [5]
 - ii) Write the sign & symptoms of Schizophrenia. [5]
 - iii) Write the nursing management of catatonic schizophrenia. [5]
 - b)
 - i) Write the clinical features of depression. [5]
 - ii) Write the psycho-pharmacological treatment of depression. [3]
 - iii) Write the nursing management of depression. [7]

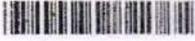


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SECTION - B (35 Marks)

3. Short answer question (any four out of five) (4 x 5 = 20)
- a) Describe in detail mood in typical mania patient.
 - b) Role of nurse in primary level of prevention in *psychiatric illness*.
 - c) Stress management.
 - d) Milieu Therapy.
 - e) Grief process by Kubler & Ross and role of nurse in *each phase*.
4. Long answer question (any one out of two) :
- a)
 - i) Write the classification of Psycho-pharmacological drugs. (5)
 - ii) Write the mechanism of action of psychiatric drugs. (5)
 - iii) Write the responsibility in administration of psychiatric drugs. (5)
 - b)
 - i) Write the responsibility of nurse in Pre-ECT care. (5)
 - ii) Name the drugs used in Intra ECT Phase & Write the action of each drug. (5)
 - iii) Write the role of nurse in Post ECT care. (5)

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Second P.B.B.Sc. (Nursing) Examination, Winter 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A and SECTION – B

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 - 7) **Use** a common answerbook for **all** Sections.

SECTION – A (40 Marks)

1. Short answer question (any five out of six) : (5×5=25)
 - a) Enumerate general principles of Mental Health Nursing.
 - b) ICD-10 classification of Mental Disorders.
 - c) Therapeutic impasses.
 - d) Delirium Tremens.
 - e) Extra-Pyramidal symptoms.
 - f) Intra-ECT nursing management of patient.

2. Long answer question (any one out of two) : (1×15=15)
 - a) Enumerate psychiatric emergencies, write etiology of suicide and discuss management of patient with suicidal tendency.
 - b) Define Mania, explain etiology of Mania and write nursing management for the person with Mania.

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SECTION – B (35 Marks)

3. Short answer question (any four out of five) : (4×5=20)
- a) Discharge procedures in Psychiatric hospital.
 - b) Separation Anxiety Disorder.
 - c) Bulimia Nervosa.
 - d) Family Therapy.
 - e) Components of Mental Status Examination.
4. Long answer question (any one out of two) : (1×15=15)
- a) Define Mental Retardation, explain aetiology of Mental Retardation and discuss role of nurse in prevention of Mental Retardation.
 - b) Define Delirium, discuss its etiology and write nursing management for the person with Delirium.
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Second P.B. B.Sc. Nursing Examination, Summer 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

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 - 7) **Use a common answerbook for all Sections.**

SECTION – A

(40 Marks)

1. Short answer question (**any five** out of six) : **(5×5=25)**
 - a) Etiological factors contributing to mental illness.
 - b) Extra-Pyramidal Symptoms.
 - c) Group Therapy.
 - d) Nurses' responsibility towards patient on anti-psychotics.
 - e) Insight in mentally ill patient.
 - f) Mini Mental Status Examination.

2. Long answer question (**any one** out of two) : **(1×15=15)**
 - a)
 - i) Define schizophrenia. **2**
 - ii) Write psychopathology of schizophrenia. **3**
 - iii) Write the clinical features of paranoid schizophrenia. **5**
 - iv) Write the nursing management of paranoid schizophrenia. **5**
 - b)
 - i) Write the components of communication. **2**
 - ii) Enumerate the phases of Nurse-Patient Relationship. **8**
 - iii) Explain therapeutic impasses. **5**

P.T.O.

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SECTION - B

(35 Marks)

3. Short answer question (**any four** out of five) : (4x5=20)
- a) Care of patient with violent behaviour.
 - b) Grief Process by Kubler and Ross.
 - c) Mac Naughten's Rule.
 - d) Nursing management of patient with mania.
 - e) Write any five Mental Mechanisms with examples.
4. Long answer question (**any one** out of two) : (1x15=15)
- a) i) Make a list of psychiatric emergencies. 2
 - ii) Write the management of patient with suicidal behavior. 5
 - iii) National Mental Health Programme. 8
 - b) i) What are the indications of ECT ? 5
 - ii) Explain Pre-ECT preparation of patient. 5
 - iii) Write Post-ECT management of patient. 5



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Second P.B. B.Sc. Nursing Examination, Winter 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 7) **Use a common answerbook for all sections.**

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : **(5×5=25)**
 - a) Characteristics of mentally healthy individual.
 - b) Describe phases of Nurse-Patient Relationship.
 - c) Write nursing management of patient with Phobic Anxiety Disorder.
 - d) Antisocial Personality Disorder.
 - e) National Mental Health Programme.
 - f) Lithium therapy.
2. Long answer question (**any one** out of two) : **(1×15=15)**
 - a) Define Mental Status Examination. What is the purpose of MSE ? Explain the procedure of MSE.
 - b) Define Mental Retardation. Explain degrees of Mental Retardation. Write down the nursing management for Mentally Retarded child.

P.T.O.

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SECTION – B (35 Marks)

3. Short answer question (**any four** out of five) : (4×5=20)

- a) Describe clinical features of Mania.
- b) Importance of music therapy in treating psychiatric patient.
- c) Etiological factors in Dementia.
- d) Functions of Psychiatric Emergency Services.
- e) Eating Disorders in Adolescents.

4. Long answer question (**any one** out of two) : (1×15=15)

- a) Define Schizophrenia. List down the causes of Schizophrenia. Write two priority nursing diagnosis for catatonic stupor patient.
- b) Define Alcoholism. State etiological features of Alcoholism. Write down nursing management of Alcoholic patient.



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Second P.B.B.Sc. Nursing Examination, Summer 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

Section – A & Section – B

- Instructions:**
- 1) Use **blue/black** ball point pen only.
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 - 7) Use a common answerbook for **all** Sections.

SECTION "A" (40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) ~~Concepts of Normal and Abnormal behavior.~~
 - b) ~~Types of Hallucination.~~
 - c) Alcohol Intoxication.
 - d) Catatonic Syndrome.
 - e) Lithium.
 - f) Process Recording.

2. Long answer question (**any one** out of two) : (1×15=15)
 - a) Enlist types and causes of dementia. Write Nursing care of client with dementia. How will you prepare therapeutic environment for patient with dementia ?
 - b) Define Attention deficit disorder. Enlist types of Childhood disorders and explain in short. Write Nursing care plan of child with ADHD.

P.T.O.



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SECTION "B" (35 Marks)

3. Short answer question (**any four** out of five) : (4×5=20)
- a) Classification of Mental Retardation.
 - b) Crisis intervention therapy.
 - c) Electroconvulsive therapy.
 - d) Role of nurse in preventive Psychiatric.
 - e) Types of Somatoform disorders.
4. Long answer question (**any one** out of two) : (1×15=15)
- a) Define mania, explain stages of mood in mania. Write nursing care process on client with mania.
 - b) Define obsessive compulsive disorder. Enlist classification of obsessive compulsive disorder. Write Nursing care plan on client with OCD.



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Second P.B.B.Sc. Nursing Examination, Winter 2016
MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) Role of a mental health and psychiatric nurse.
 - b) Therapeutic impasse.
 - c) Alcohol anonymous.
 - d) Management of Attention deficit hyperactivity disorder children.
 - e) Describe phases of nurse patient relationship.
 - f) Crisis intervention therapy.

2. Long answer question (**any one** out of two) : (1×15=15)
 - a) Define Mental health. List components of mental health. What are the indicators of Mental health ?
 - b) Define Schizophrenia. List down the causes of Schizophrenia. Write nursing diagnoses and nursing interventions for catatonic stupor patient.

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SECTION – B (35 Marks)

3. Short answer question (**any four** out of five) : (4×5=20)
- a) Management of personality disorders.
 - b) Eating disorders in adolescents.
 - c) Techniques of data collection in psychiatric nursing.
 - d) Electroconvulsive therapy.
 - e) Legal issues in psychiatric nursing.
4. Long answer question (**any one** out of two) : (1×15=15)
- a) Classify substance use disorder. Explain psychopathology of substance use disorder. Develop nursing care plan for a client with alcohol dependence.
 - b) Define mania. List clinical features of mania. Write nursing care plan of patient with mania.
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Second P.B.B.Sc. NURSING Examination, Summer 2016

MENTAL HEALTH NURSING

Total Duration: Section A+B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use a common answerbook for all Sections.**

SECTION – A (40 Marks)

1. Short Answer Questions (**any five** out of six) : **(5x5=25)**
 - a) Mental health team.
 - b) Hallucination.
 - c) Therapeutic impasse and it's management.
 - d) Clinical features of somatoform disorder.
 - e) Management of conduct disorders.
 - f) Alcohol anonomus group.

2. Long Answer Question (**any one** out of two) : **(1x15=15)**
 - a) Define the term 'Bipolar mood disorder', classify the affective disorders and discuss comprehensive management for a patient with suicidal tendency and suicidal attempt.
 - b) State diagnostic criteria of schizophrenia. Explain psychopathology of schizophrenia. Discuss pharmacological, supportive and nursing management for a patient with paranoid schizophrenia.

P.T.O.



SECTION – B (35 Marks)

3. Short Answer Questions (any four out of five) :

(4x5=20)

- a) Crisis interventions.
- b) Family therapy.
- c) Lithium carbonate.
- d) Day care centre.
- e) Antisocial personality disorder.

4. Long Answer Question (any one out of two) :

(1x15=15)

- a) Explain scope and importance of community mental health in our country. Explain important features of National mental health programme and Discuss various levels of prevention in terms of childhood psychiatric disorders.
- b) Explain stages of seizures. Explain nursing responsibilities of patient with epileptic disorder and Explain crisis intervention therapy.



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Second P.B.B.Sc. (Nursing) Examination, Summer 2015
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks: 75

Section – A & Section – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answer book for **all** Sections.

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) ~~Indications of Electro convulsive therapy~~
 - b) ~~How will you assess insight and judgment ?~~
 - c) ~~Principles of crisis intervention~~
 - d) Disulfiram
 - e) ~~Enlist the clinical features of Anorexia nervosa~~
 - f) ~~Juvenile delinquency.~~

2. Long answer question (**any one** out of two) : (1×15=15)
 - a) Define Depression. Discuss clinical features of Depression and write nursing management for the person with Major Depression.
 - b) Define Mental Retardation. List it's types and explain role of nurse in prevention of Mental Retardation.

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SECTION – B (35 Marks)

3. Short answer question (**any four** out of five) : (4×5=20)

- a) Delusion
- b) Rights of mentally ill person
- c) Difference between epileptic seizures and dissociative convulsions
- d) Etiology of Hyperkinetic disorder
- e) ICD-10 Classification of mental health disorders

4. Long answer question (**any one** out of two) : (1×15=15)

- a) Define Schizophrenia. Explain clinical features of Catatonic Schizophrenia and write nursing management for the person with Catatonic Schizophrenia.
 - b) Define Delirium. Discuss clinical features of Delirium and write nursing management for the person with Delirium.
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Second P.B.B.SC. NURSING, Winter 2014
Mental Health Nursing

Total Duration: Section A+B = 3 Hours

Total Marks : 75

Section - A & Section - B

Instructions:

- 1) Use blue/black ball point pen only.
- 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all section.

Section "A" (40 Marks)

1. Short answer question (any five out of six) : (5x5=25)
 - a) .Write the ICD 10 classification of mental disorders.
 - b) .Etiology of mental sub-normality.
 - c) .National mental health programme.
 - d) .Role and responsibility of nurses in legal aspect of psychiatric nurse.
 - e) .Nursing responsibilities of patient with suicide ideation.
 - f) .Therapeutic impasses.
2. Long answer question (any one out of two) : (1x15=15)
 - a) .Discuss clinical types,etiology,clinical features and management of ADHD.
 - b) .Discuss ECT under the following:indications,mechanism of action and nursing responsibilities for patient undergoing ECT.

Section "B" (35 Marks)

3. Short answer question (any four out of five) : (4x5=20)
 - a) .Types of Phobias.
 - b) .Day care centre.
 - c) .Nursing management of Dementia.
 - d) .Atypical anti-psychotic drugs.
 - e) .Family therapy.

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(1x15=15)

4. Long answer question (any one out of two) :

- a) . Write classification of Affective disorder, explain management for acute Manic episode with nursing process for two priority nursing diagnosis.
- b) . Explain community mental health services and agencies, discuss role of nurse in preventive psychiatry.



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Second P.B.B.Sc. Nursing Examination, Summer 2014
MENTAL HEALTH NURSING

Total Duration : Section A + B + C = 3 Hours

Section B & C Marks : 60

SECTION – B & SECTION – C

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION – B

(30 Marks)

2. Answer the following (**any five** out of six) :

(5×3=15)

- a) Preparation of Patient in Pre-ECT phase.
- b) Make a list of Defense Mechanisms and explain any 3.
- c) Care of rape victim.
- d) Explain briefly the causes of mental illness.
- e) Separation anxiety.
- f) Mechanism of action of Anti psychotic drugs.

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3. Answer the following (**any three** out of four) : (3x5=15)
- a) Care of patient with Violent or Aggressive behavior.
 - b) Psychiatric History Taking.
 - c) Extra Pyramidal Symptoms.
 - d) Milieu Therapy.

SECTION - C (30 Marks)

Long answer question (solve **any two** from LAQ Q. No.4, 5 and 6) :

4. Mr. Sujit, 15 years, IQ 40, brought to OPD by his mother with complains of Delayed Milestones and poor scholastic performance. Answer the following : (1x15=15)
- a) Write the causes of Mental Retardation. 5
 - b) Explain the levels of prevention of Mental Retardation. 5
 - c) Write the nursing management and rehabilitation of Mental Retardation. 5
5. Mr. Umakant, 40 years of age, technician, admitted in psychiatric ward with complains of severe agitation. Answer the following : (1x15=15)
- a) Write the causes of suicide. 5
 - b) Write the Etiology of Psychiatric emergencies. 5
 - c) Write the nursing management of patient with suicidal tendency and suicidal attempt. 5
6. Mr. Dayaram, 49 years, married, labourer, having 4 daughters, is a chronic alcoholic. Answer the following : (1x15=15)
- a) Write the Etiological factors of substance abuse. 5
 - b) Write the signs and symptoms of Alcohol dependance. 5
 - c) Write the nursing management of patient with alcohol withdrawal. 5



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Second P.B.B.Sc. Nursing Examination, Winter 2013
MENTAL HEALTH NURSING

Total Duration : Section A + B + C = 3 Hours

Section B & C Marks : 60

SECTION – B & SECTION – C

- Instructions :**
- 1) **All questions are compulsory.**
 - 2) The number to the **right** indicates **full marks.**
 - 3) Draw diagrams **wherever** necessary.
 - 4) **Do not write anything on the blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION – B

(30 Marks)

2. Answer the following (**any five** out of six) : **(5×3=15)**
- a) Complications of Electro Convulsive Therapy.
 - b) List the Therapeutic Communication techniques and describe any 3.
 - c) Care of violent patient.
 - d) McNaughtons rule.
 - e) Four stages of elevated mood in mania.
 - f) Importance of Play Therapy. 117
3. Answer the following (**any three** out of four) : **(3×5=15)**
- a) Care of patient with Insomnia.
 - b) Difference between Psychosis and Neurosis.
 - c) Write the definition of Psychotropic drugs and their classification.
 - d) Johari window.

SECTION – C

(30 Marks)

Long answer question (solve **any two** from LAQ Q. No. 4, 5 and 6) :

4. Mrs. Savita, 68 years of age, found wandering, admitted in Psychiatric ward. **(1×15=15)**
Answer the following :
- a) Write the clinical features of Alzheimers type of dementia. 5
 - b) Write Nursing management of Alzheimers dementia. 5
 - c) Write the care and rehabilitation of Alzheimers dementia. 5

P.T.O.

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5. Mr. Raosaheb, 35 years, known case of chronic schizophrenia, taking ECT regularly.
Answer the following. (1x15=15)
- a) Explain the mode of action in ECT. 5
 - b) Write the indications of ECT. 5
 - c) Write nursing care in ECT treatment. 5
6. Mrs. Kantabai, age 25 years, housewife, lost her close relative in an accident.
Answer the following. (1x15=15)
- a) Write the clinical features of Anxiety. 5
 - b) Explain the stages of grief by Kubler-Ross. 5
 - c) Write the nursing intervention of grief. 5



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Second P.B. B.Sc. Nursing Examination, Summer 2013
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

- Instructions:**
- 1) All questions are **compulsory**.
 - 2) The number to the **right** indicates **full marks**.
 - 3) **Draw diagrams wherever necessary**.
 - 4) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.

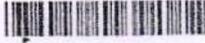
SECTION – B

2. Answer any 5 out of 6 : (5×3=15)
- a) Types of hallucination.
 - b) Hypochondriasis
 - c) Therapeutic impasse.
 - d) Hysterical disorder.
 - e) Psychotherapy
 - f) Assessment of cognition.
3. Answer the following (any 3 out of 4) : (3×5=15)
- a) Therapeutic communication techniques.
 - b) Features of obsessive compulsive neurosis.
 - c) Characteristics of mentally healthy individual.
 - d) Management of alcohol withdrawal.

SECTION – C

- Any two LAQ out of Q. 4, 5 and 6 : (2×15=30)
4. a) Define mental health. 2
- b) Discuss in detail etiological factors of mental illness. 5
- c) Describe nurse's role in psychiatric diagnostic procedure. 8

P.T.O.



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Second P.B.B.Sc. Nursing Examination, Summer 2012
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

Instructions: 1) *All questions are compulsory.*

2) *The number to the **right** indicates **full** marks.*

3) ***Draw** diagrams wherever **necessary**.*

4) *Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.*

SECTION – B

2. Answer the following (**any five** out of six) :

(5×3=15)

- a) Explain three extra pyramidal symptoms.
- b) Types of phobia.
- c) Differentiate between mild, moderate and severe level of anxiety.
- d) Write three objectives of national mental health program.
- e) List the psychiatric emergencies.
- f) Explain any three communication techniques.

3. Answer the following (**any three** out of four) :

(3×5=15)

- a) Explain nurses role in primary prevention of mental illness.
- b) Describe the clinical picture in catatonic stupor.
- c) Describe goals of milieu therapy.
- d) Write short answer on lithium

P.T.O.

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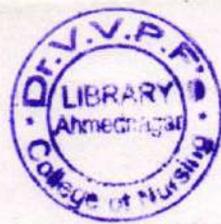
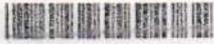


SECTION - C

Answer any two LAQ out of Q. 4, 5 and 6:

(2×15=30)

4. (1×15=15)
- a) Define electroconvulsive therapy. 2
 - b) Enumerate indications and contraindications of ECT. 5
 - c) Describe nursing management of a patient with severe depression. 8
5. (1×15=15)
- a) Define the term drug dependence. 2
 - b) Discuss briefly delirium tremens. 5
 - c) Describe nursing management of patient with major depression. 8
6. (1×15=15)
- a) Define hallucination. 2
 - b) Enlist clinical features of delirium. 5
 - c) List the possible nursing diagnosis and interventions for patient with delirium. 8
-



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Second P.B. B.Sc. Nursing Examination, May/June 2011
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

- Instructions:*
- 1) All questions are compulsory.
 - 2) The number to the right indicates full marks.
 - 3) Draw diagrams wherever necessary.
 - 4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION – B

30 Marks

2. Answer the following (any five out of six) : (5×3=15)
- a) Role and qualities of psychiatric nurse.
 - b) ICD – 10 classification of schizophrenia.
 - c) Process recording.
 - d) Classification of mental subnormalities.
 - e) Management of catatonic syndrome.
 - f) Delusions.
3. Answer the following (any three out of four) : (3×5=15)
- a) Admission procedures in psychiatric hospitals.
 - b) Clinical features of antisocial personality disorder.
 - c) Management of attention deficit hyperactivity disorder.
 - d) Psychotherapy in behavioural disorders.

SECTION – C

30 Marks

Solve any two LAQ questions out of the following :

4. a) Define crisis intervention. 2
- b) Write the principles and techniques of crisis intervention. 5
- c) Discuss the comprehensive management for post traumatic stress disorder. 8

P.T.O.

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5. a) Define community mental health nursing. 2
 - b) Write the objectives and approaches of National Mental Health Programme. 5
 - c) Discuss the role and responsibilities of community mental health nurse. 8
 6. a) Define affective disorder. 2
 - b) Explain behaviour therapy for patient with obsessive compulsive neurosis. 5
 - c) Discuss psychiatric rehabilitation modalities for chronic psychotic disorders. 8
-

KC



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Second P.B. B.Sc. Nursing Examination, May/June 2010
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION - B & SECTION - C

- Instructions :**
- 1) All questions are compulsory.
 - 2) The number to the right indicates full marks.
 - 3) Draw diagrams wherever necessary.
 - 4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION - B

(SAQ)

30 Marks

2. Answer the following (any five out of six) :

(5×3=15)

- a) Basic rights of mentally ill patient
- b) Admission procedure in a psychiatric hospital
- c) Restraining
- d) Group therapy
- e) Components of therapeutic communication
- f) Delusion.

3. Answer the following (any three out of four) :

(3×5=15)

Differentiate between any three :

- a) Psychosis and Neurosis
- b) Dementia and delirium
- c) Illusion and Hallucination
- d) Epileptic fit and hysterical fit.

P.T.O.



SECTION - C
(LAQ)

30 Marks

Answer **any two** LAQ questions out of the following (Q. 4, Q. 5 & 6) :

4. LAQ with three bits :

- | | |
|--|---------|
| a) Define anxiety and write its classification. | 4 |
| b) Describe clinical features of anxiety. | 4 |
| c) List the Nursing diagnosis and write nursing care plan for 2 diagnosis on priority basis. | (2+5=7) |

15

5. LAQ with three bits :

- | | |
|---|---|
| a) What are the indications and contraindications for Electro-convulsive therapy? | 5 |
| b) How will you prepare a patient for ECT? | 5 |
| c) Write Nursing Management of a patient after ECT. | 5 |

15

6. LAQ with three bits :

- | | |
|---|---|
| a) Write aims and objectives of National Mental Health Programme. | 5 |
| b) Describe the level of prevention of Mental illness. | 5 |
| c) Crisis intervention. | 5 |

15

XC



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Second P.B. B.Sc. Nursing Examination, November / December 2010
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

- Instructions :**
- 1) *All questions are compulsory.*
 - 2) *The number to the right indicates full marks.*
 - 3) *Draw diagrams wherever necessary.*
 - 4) *Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.*

SECTION – B

30 Marks

2. Answer the following (any five out of six) :

(5×3=15)

- a) Characteristics of mentally healthy person
- b) Classification of mental disorder
- c) Group therapy
- d) Basic rights of mentally ill person
- e) Therapeutic communication techniques
- f) Models of prevention of mental illness.

3. Answer the following (any three out of four) :

(3×5=15)

- a) Therapeutic Nurse - Patient Relationship
- b) Difference between epileptic fits and hysterical fits
- c) Electro-convulsive therapy
- d) Crisis and crisis intervention.

P.T.O.

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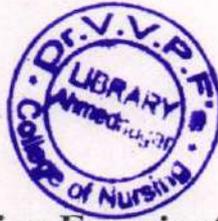


SECTION - C

30 Marks

Solve any two LAQ questions out of Q. 4, Q. 5 and Q. 6.

4. a) Define paranoid schizophrenia. 2
- b) Describe clinical features of paranoid schizophrenia. 5
- c) List nursing diagnosis and develop nursing care plan for any 3 nursing diagnosis. (2+6)
5. a) Define depression. 2
- b) Enumerate etiological factors of depression. 5
- c) Write psychiatric management and nursing management of depression. (2+6)
6. a) Define Alcohol dependence. 2
- b) Describe complications of alcohol dependence. 5
- c) List nursing diagnosis and write nursing care plan for any 3 nursing diagnosis. (2+6)



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Second P.B. B.Sc. Nursing Examination, November/December 2009
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION - B & SECTION - C

- Instructions:** 1) All questions are compulsory.
2) The number to the right indicates full marks.
3) Draw diagrams wherever necessary.
4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION - B

SAQ

(30 Marks)

2. Answer the following (any five out of six):

(5×3=15)

- Delusions.
- Role of mental health nurse.
- ICD-10 classification of Mood (Affective) Disorders.
- Goals of therapeutic nurse patient relationship.
- Clinical features of obsessive compulsive disorder.
- Types of psychiatric emergencies.

3. Answer the following (any three out of four):

(3×5=15)

- Behaviour therapy.
- Admission procedures in psychiatric hospitals.
- Psychiatric rehabilitation.
- Etiology of mental sub-normality.

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SECTION - C
LAQ

(30 Marks)

Solve any two LAQ questions out of the Q. 4, Q. 5 and Q. 6.

4. a) Define psychiatric nursing. 2
b) Enumerate psychiatric nursing principles. 5
c) Discuss the techniques of therapeutic communication with appropriate illustrations. 8
15

5. A four year old boy, Sushant has been admitted in child psychiatry unit with the diagnosis of "Attention Deficit Hyperactivity Disorder" (ADHD).

Answer the following :

- a) Enumerate clinical types of Attention Deficit Hyperactivity Disorder (ADHD). 2
b) Write the clinical features of ADHD. 5
c) Discuss the management of ADHD. 8
15

6. a) List the classification of psychoactive substances. 2
b) Explain psychopathology of substance use disorder. 5
c) Discuss treatment and nursing management of patient with substance use disorder. 8
15

(3x5=15)

Answer the following (any three out of four)