

**Final M.Sc. Nursing (Mental (Psychiatric) Health Nursing)
Examination, Winter - 2022**

MENTAL (PSYCHIATRIC) HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not write anything on the blank portion of the question paper.** Rough work should not be done on the answer sheets or anywhere on the question paper except the specific space provided for the rough work. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

SECTION - "I" (38 Marks)

1. **Long answer question :** [3+4+5=12]
 - a) Define anxiety disorder. [3]
 - b) Discuss the levels of Anxiety. [4]
 - c) Explain the nursing management for client with Phobic disorders. [5]

2. **Long answer question :** [2+4+5=11]
 - a) Define sexual disorders. [2]
 - b) List down the sexual disorders. [4]
 - c) Explain in detail the gender identity disorder. [5]

54016

[3×5=15]

3. Short answer questions (any three out of five) :

- 4.1.10
- a) Community Mental Health services
 - b) Conduct disorder
 - c) Crisis intervention
 - d) Obsessive compulsive disorder
 - e) postpartum psychosis and role of nurse in the treatment aspect

SECTION - "II" (37 Marks)

4. Long answer question :

[3+4+5=12]

- 5.1.10
- a) Define Schizophrenia. [3]
 - b) Describe the positive and negative symptoms of schizophrenia. [4]
 - c) Describe the supportive and rehabilitative needs of a client with schizophrenia. [5]

5. Long answer question :

[4+6=10]

- 5.1.0
- a) Define Personality. [4]
 - b) Describe the types of personality disorder as per DSM-IV. [6]

6. Short answer questions (any three out of five) :

[3×5=15]

- 5.1.0
- a) Phobia
 - b) Dissociative amnesia and role of nurse
 - c) Counseling of terminally ill patient
 - d) Nursing management of anorexia nervosa
 - e) Psychiatric problems among elderly



**Final M.Sc. Nursing (Mental (Psychiatric) Health Nursing)
Examination, (Phase - II) Summer - 2022
MENTAL (PSYCHIATRIC) HEALTH NURSING - II**

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 - 7) Use a common answerbook for **all** sections.

SECTION - I (38 Marks)

1. Long answer question: [3+4+5=12]
 - a) Define Anxiety and enumerate its types.
 - b) Discuss etiology and clinical features of Obsessive - Compulsive disorder.
 - c) Explain the Nursing Management of a client with OCD.

2. Long answer question: [2+4+5=11]
 - a) Define Depressive disorder.
 - b) Explain the etiology and classification of Depressive Disorders.
 - c) Discuss the nursing management of a client with Severe Depression.

3. Short answer question (**any three** out of five): [3 × 5 = 15]
- a) The Grief Response.
 - b) Post-Traumatic Stress Disorder.
 - c) Rehabilitation of Profound Mental sub normality (Mentally challenged) group.
 - d) Paranoid Schizophrenia causes and psychopathology.
 - e) Community Mental Health Programme.

SECTION - II (37 Marks)

4. Long answer question: [3+4+5=12]
- a) Define Personality Disorder.
 - b) Enlist the classification and etiology of Personality disorder.
 - c) Discuss the management of a client with Borderline Personality disorder.
5. Long answer question: [4+6=10]
- a) Discuss bio 'psychological aspects of aging.
 - b) Explain the Nursing Management of a client with Dementia.
6. Short answer question (**any three** out of five): [3 × 5 = 15]
- a) Attention Deficit Hyperactivity Disorder.
 - b) Half way Homes.
 - c) Liaison Psychiatric Nursing.
 - d) Design and Layout of a Psychiatric Unit.
 - e) Drug Dependence.



Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Winter - 2021 (Phase - II)

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

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SECTION - "I" (38 Marks)

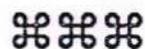
1. Long answer question : [3+4+5=12]
 - a) Define anger and aggression [3]
 - b) Explain the etiological factors of anger and aggression. [4]
 - c) Discuss the management of an aggressive patient including the role of nurse. [5]

2. Long answer question : [2+4+5=11]
 - a) Define Depression. [2]
 - b) Explain the grief response. [4]
 - c) Discuss the management of a client with Depression. [5]

3. Short answer question (**any three out of five**) : [3 × 5 = 15]
- a) Ethical and Legal issues in Mental Health Nursing.
 - b) Suicide and Theories of Suicide.
 - c) Counselling of death and dying.
 - d) Practice standards for psychiatric nursing.
 - e) Role of counselling in a terminally ill client.

SECTION - "II" (37 Marks)

4. Long answer question : [3+4+5=12]
- a) Define sexual and gender identity disorders. [3]
 - b) Explain development of Human sexuality. [4]
 - c) Discuss the management of a client with sexual disorder including the role of nurse. [5]
5. Long answer question : [4+6=10]
- a) Describe clinical features of Obsessive Compulsive disorder. [4]
 - b) Discuss the management of a client with Obsessive Compulsive disorder, including the role of nurse. [6]
6. Short answer question (**any three out of five**) : [3 × 5 = 15]
- a) Psycho-social Rehabilitation.
 - b) Role of nurse in preventive psychiatry.
 - c) Crises intervention.
 - d) Principles of psychiatric nursing.
 - e) Psychological problems of individual with HIV/AIDS.



**Final M.Sc. Nursing (Mental Psychiatric Health Nursing) Examination,
Summer Phase - II (All Other, Except PG Midical) - 2021
MENTAL (PSYCHIATRIC) HEALTH NURSING - II**

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answer book for all sections.

SECTION - "I" (38 Marks)

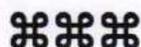
1. Long answer question : [3+4+5=12]
 - a) Define sleep and Narcolepsy. [3]
 - b) List down the classification of sleep disorders as per DSM -IV. [4]
 - c) Explain the nursing management in patient with Parasomnias. [5]

2. Long answer question : [2+4+5=11]
 - a) Define substance abuse. [2]
 - b) Classify the substance induce disorders as per ICD -10. [4]
 - c) Write the role of nurse in prevention of Substance abuse in community. [5]

3. Short answer question (**any three** out of five) : [3 × 5 = 15]
- a) Principles of Psychiatric nursing.
 - b) Management of a patient with Post Traumatic Stress Disorder.
 - c) Causes and clinical features of a child with Conduct Disorder.
 - d) Quality Assurance in Psychiatric unit in Government Mental Health Hospital.
 - e) Correctional Homes.

SECTION - "II" (37 Marks)

4. Long answer question : [3+4+5=12]
- a) Define Dementia. [3]
 - b) Describe the predisposing factors of Dementia. [4]
 - c) Discuss the role of nurse in management of client with dementia. [5]
5. Long answer question : [4+6=10]
- a) Define Psychiatric Emergency. [4]
 - b) List down the types of Psychiatric emergencies. [6]
6. Short answer question (**any three** out of five) : [3 × 5 = 15]
- a) Definition and types of crisis.
 - b) The Public Health Model.
 - c) Counselling of Unwed pregnant mother.
 - d) Biological and Psychological aspects of ageing people.
 - e) Management of a patient with Gender Identity Disorder.



**Final M.Sc. Nursing (Mental (Psychiatric) Health Nursing)
Examination, Winter - 2020**

MENTAL (PSYCHIATRIC) HEALTH NURSING - II

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Total Marks : 75

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 - 7) **Use** a common answerbook for **all** sections.

SECTION - "I" (38 Marks)

1. A client suffering from delirium and admitted in psychiatric ward. Based on this answer the following question. [3+4+5=12]
 - a) Define delirium. [3]
 - b) Write the etiological factors of delirium. [4]
 - c) List nursing diagnosis and write nursing care plan for two nursing diagnosis on priority basis for a client with delirium. [5]

2. Long answer question. [2+4+5=11]
 - a) What do you mean by bipolar disorder? [2]
 - b) Write the clinical manifestations of a patient in severe depression. [4]
 - c) Write pharmacotherapy used in mania. [5]

3. Short answer question (**any three** out of five) : [3×5=15]
- a) Models of prevention in psychiatr.
 - b) Psychological aspects of aging.
 - c) Antisocial personality disorder.
 - d) Psychodynamics of Phobia.
 - e) Family education related to dissociative disorder.

SECTION - "II" (37 Marks)

4. Long answer question. [3+4+5=12]
- a) Define aggression. [3]
 - b) Write the predisposing factors of aggression. [4]
 - c) Nursing management of a client with aggression. [5]
5. Long answer question. [4+6=10]
- a) Write the clinical manifestations of anorexia nervosa. [4]
 - b) Explain psychiatric emergencies and its management. [6]
6. Short answer question (**any three** out of five) : [3×5=15]
- a) Psychosocial problems of persons with HIV/AIDS.
 - b) Psychoactive substances.
 - c) Management of catatonic schizophrenia.
 - d) National Mental Health Program.
 - e) Conduct disorders.



Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Summer (Phase - III All Other Remaining UG/PG
Courses) - 2020

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

- Instructions :**
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 - 7) Use a common answer book for all sections.

SECTION - "A" (38 Marks)

1. Long answer question : [3 + 4 + 5 = 12]
 - a) Define alcohol dependence and alcohol intoxication.
 - b) Explain complication of alcohol abuse.
 - c) Write treatment modality for alcohol abuse.

2. Long answer question : [2 + 4 + 5 = 11]
 - a) Define Schizophrenia.
 - b) Enumerate the positive and negative symptoms of schizophrenic disorder.
 - c) Develop a nursing care plan for Disorganized schizophrenia.

3. Short answer question (**any three** out of five) : [3 × 5 = 15]
- a) Legal and Ethical aspects in psychiatric nursing.
 - b) Medical condition due to psychological factors.
 - c) Types of personality disorder.
 - d) Model of prevention of mental illness.
 - e) Phobias and its management.

SECTION - "B" (37 Marks)

4. Long answer question : [3 + 4 + 5 = 12]
- a) Write classification of Mood disorder.
 - b) Discuss the diagnostic criteria of Manic episode according to DSM-IV TR.
 - c) Develop a nursing care plan for a client with the history of suicidal attempt to prevent further deliberate self-harm.
5. Long answer question : [4 + 6 = 10]
- a) Define organic mental disorders. Enlist the various types of organic mental disorders.
 - b) Explain treatment and nursing management of a client with Alzheimer disease.
6. Short answer question (**any three** out of five) : [3 × 5 = 15]
- a) Antipsychotic drugs.
 - b) Trends in community Mental Health nursing and services.
 - c) Behaviour therapy.
 - d) Institutionalization v/s Deinstitutionalization of mentally ill person.
 - e) Extra-pyramidal syndrome and its management.



**Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Summer (Phase - III All Other Remaining UG/PG
Courses) - 2020**

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

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 - 7) Use a common answer book for all sections.

SECTION - "A" (38 Marks)

1. Long answer question : ✓ ✓ [3 + 4 + 5 = 12]
 - a) Define alcohol dependence and alcohol intoxication.
 - b) Explain complication of alcohol abuse.
 - c) Write treatment modality for alcohol abuse. ✓

2. Long answer question : [2 + 4 + 5 = 11]
 - a) Define Schizophrenia.
 - b) Enumerate the positive and negative symptoms of schizophrenic disorder.
 - c) Develop a nursing care plan for Disorganized schizophrenia.

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3. Short answer question (any three out of five) :

[3 × 5 = 15]

- a) Legal and Ethical aspects in psychiatric nursing.
- b) Medical condition due to psychological factors.
- c) Types of personality disorder.
- d) Model of prevention of mental illness.
- e) Phobias and its management.

SECTION - "B" (37 Marks)

4. Long answer question :

[3 + 4 + 5 = 12]

- a) Write classification of Mood disorder.
- b) Discuss the diagnostic criteria of Manic episode according to DSM-IV TR.
- c) Develop a nursing care plan for a client with the history of suicidal attempt to prevent further deliberate self-harm.

5. Long answer question :

[4 + 6 = 10]

- a) Define organic mental disorders. Enlist the various types of organic mental disorders.
- b) Explain treatment and nursing management of a client with Alzheimer disease.

6. Short answer question (any three out of five) :

[3 × 5 = 15]

- a) Antipsychotic drugs.
- b) Trends in community Mental Health nursing and services.
- c) Behaviour therapy.
- d) Institutionalization v/s Deinstitutionalization of mentally ill person.
- e) Extra-pyramidal syndrome and its management.





**Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Winter**

(Phase - III All Other remaining UG/PG Course) - 2019

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

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SECTION - I (38 Marks)

1. Long answer question. [3+4+5=12]
 - a) Define Crisis. [3]
 - b) Explain types of crisis with its psychopathology. [4]
 - c) Discuss the role of a psychiatric nurse in crisis intervention. [5]

2. Long answer question : [2+4+5=11]
 - a) Define Schizophrenia. [2]
 - b) Explain the positive and negative symptoms of Schizophrenia. [4]
 - c) Prepare a nursing care plan for a Schizophrenic client with 3 priority problems. [5]

3. Short answer question (**any three** out of five) : [3 × 5 = 15]
 - a) National Mental Health Program.
 - b) Post-Traumatic Stress Disorder.
 - c) Bulimia Nervosa.
 - d) Problems related to Abuse or neglect.
 - e) Anger and aggression.



54016

SECTION - II (37 Marks)

4. Long answer question: [3+4+5=12]
- a) Explain anxiety disorder. [3]
 - b) Discuss its types. [4]
 - c) Discuss Nursing Management of a client with anxiety disorder. [5]
5. Long answer question [4+6=10]
- a) Explain Attention Deficit Hyperactivity Disorder (ADHD). [4]
 - b) Separation anxiety disorder is more common in age group of under Five, comment on it. [6]
6. Short answer question (**any three** out of five): [3 × 5 = 15]
- a) Alcoholic Anonymous group.
 - b) Psychological Aspects of Aging.
 - c) Day care centre.
 - d) Ethical and Legal issues in Psychiatric Mental Health Nursing.
 - e) Histrionic personality.



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**Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Summer (Phase - II) 2019
MENTAL (PSYCHIATRIC) HEALTH NURSING - II**

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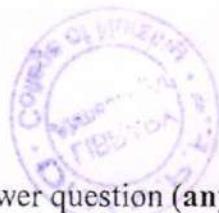
SECTION - I (38 Marks)

1. Mr.Rohan,30 years old has persistent fear of socialisation and has history of recurrent panic attacks. Answer the following.

- a) Define Phobia. [3]
- b) Describe the types of Phobia. [4]
- c) Discuss the management of Mr.Rohan in detail. [5]

2. Long answer question :

- a) Define personality disorders. [2]
- b) Describe the etiology of personality disorders. [4]
- c) Write a note on Borderline personality disorder. [5]



54016

3. Short answer question (any three out of five):

[3 × 5 = 15]

- ✓ a) Psychodynamics of Obsessive Compulsive disorder.
- b) Counselling in HIV patien.
- c) Gender Identity Disorder.
- ✓ d) Principles of Psychiatric Nursing.
- ✓ e) Role of nurse in prevention of mental illness.

SECTION - II (37 Marks)

✓ 4. Mrs. XYZ 40 years old female is admitted in psychiatric ward with c/o elated mood, hyperactivity, grandiose ideas and hearing voices. Answer the following.

- a) Define bipolar disorder. [3]
- b) Discuss in detail the clinical features of patient with manic episode. [4]
- c) Explain in detail the management of Mrs. XYZ. [5]

✓ 5. Long answer question :

- a) List down the causes of dementia. [4]
- b) Discuss the role of nurse in management of a client with dementia. [6]

6. Short answer question (any three out of five) :

[3 × 5 = 15]

- ✓ a) Enuresis.
- ✓ b) Legal issues in Psychiatry.
- ✓ c) Paranoid schizophrenia.
- d) Vocational rehabilitation in psychiatry.
- e) Haloperidol.

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54016

Final M.Sc. Nursing Examination, Summer 2018
MENTAL (PSYCHIATRIC) HEALTH NURSING – II

Total Duration : 3 Hours

Total Marks : 75

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SECTION – I

(38 Marks)

1. Long answer question : (3+4+5=12)
 - a) Define counselling. 3
 - b) Explain the importance of counselling to terminally ill patient. 4
 - c) Discuss palliative care of HIV/ AIDS patient. 5
2. Long answer question : (2+4+5=11)
 - a) Define personality. 2
 - b) Explain classification of personality. 4
 - c) Discuss antisocial personality disorder. 5
3. Short answer question (**any three** out of five) : (3×5=15)
 - a) Nursing management of Aggressive patient.
 - b) Amnesia and nurses responsibility.
 - c) Delirium
 - d) Complications of alcohol dependence.
 - e) Day care centre.

P.T.O.

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SECTION - II

(37 Marks)

4. Long answer question : (3+4+5=12)
- a) Describe classification of Schizophrenia. 3
 - b) List the causes and behaviour of Paranoid Schizophrenia. 4
 - c) Discuss the treatment modality of Paranoid Schizophrenia. 5
5. Long answer question : (4+6=10)
- a) List the epidemiological factors for the suicidal client. 4
 - b) Write nursing management of suicidal tendency. 6
6. Short answer question (any three out of five) : (3×5=15)
- a) Psychiatric emergencies.
 - b) Conduct Disorders.
 - c) Social Phobia.
 - d) Management of Anorexia Nervosa.
 - e) Psychological factors of asthma.
-





54016

Final M.Sc. Nursing Examination, Summer 2017
MENTAL [PSYCHIATRIC] HEALTH NURSING – II

Total Duration : 3 Hours

Total Marks : 75

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 - 7) **Use** a common answerbook for **all** Sections.

SECTION – I (38 Marks)

1. Long answer question : (3+4+5=12)
 - a) Define depression. 3
 - b) List causes of depression. 4
 - c) Explain preventive steps in suicidal tendency. 5

2. Long answer question : (2+4+5=11)
 - a) Define Schizophrenia. 2
 - b) List the types and causes of Schizophrenia. 4
 - c) Discuss nursing management of Client with Catatonic Schizophrenia. 5

3. Short answer question (**any three** out of five) : (3×5=15)
 - a) Phases of Crisis intervention.
 - b) Anger and its management.
 - c) Autistic Disorder.
 - d) Nursing management of client with Dementia.
 - e) Insomnia.

P.T.O.



SECTION – II (37 Marks)

4. Long answer question : (3+4+5=12)
- a) Define Dementia. 3
 - b) Explain the causes of dementia. 4
 - c) Discuss psychopharmacological intervention and nursing management of dementia. 5
5. Long answer question : (4+6=10)
- a) Discuss psychological problems of AIDS patient. 4
 - b) Explain management of AIDS patient. 6
6. Short answer question (**any three** out of five) : (3×5=15)
- a) Staff orientation in psychiatric care.
 - b) Ethical and legal issues in mental health nursing.
 - c) National Mental Health programme and role of the nurse.
 - d) Nursing management of panic disorder.
 - e) Psycho-social rehabilitation.
-



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**Final M.Sc. Nursing Examination, Winter 2016
MENTAL (PSYCHIATRIC) HEALTH NURSING – II**

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen **only**.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION – I (38 Marks)

1. Long answer question : (3+4+5=12)
 - a) Define Mania and Depression. 3
 - b) Describe the different stages of Mania. 4
 - c) Explain the management of patient with Mania. 5

2. Long answer question : (2+4+5=11)

Mr. Anand, 30 years old patient is admitted in psychiatry ward with suicidal attempt. Answer the following questions based on the situation.

 - a) Define suicide. 2
 - b) Describe the various theories related to suicide. 4
 - c) Explain the nursing management of Mr. Anand. 5

3. Short answer question (**any three** out of five) : (3×5=15)
 - a) Dissociative amnesia and role of nurse.
 - b) Nursing management of patient with Bulimia Nervosa.
 - c) Phobia.
 - d) Profound Mental Retardation.
 - e) Drug dependence.

P.T.O.

54016



SECTION – II (37 Marks)

4. Long answer question : (3+4+5=12)
- a) Define sleep and narcolepsy. 3
 - b) Describe the diagnostic criteria for sleep disorder. 4
 - c) Explain the nursing management of patient with parasomnia. 5
5. Long answer question : (4+6=10)
- a) Define Mental Health and Mental Health Nursing. 4
 - b) Explain the Psychiatric Rehabilitation and Role of the nurse. 6
6. Short answer question (**any three** out of five) : (3×5=15)
- a) Paranoid schizophrenia.
 - b) Post Traumatic Stress Disorder.
 - c) Quality assurance in psychiatric unit
 - d) Sex education.
 - e) Borderline Personality disorder.
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54016



Final Year M.Sc. Nursing Examination, Summer 2016
MENTAL (PSYCHIATRIC) HEALTH NURSING – II

Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen **only**.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.

SECTION – I (38 Marks)

1. Long Answer Question : (3+4+5=12)
 - a) Define Catatonic Schizophrenia and list the other types of schizophrenia. 3
 - b) Describe clinical features of catatonic schizophrenia. 4
 - c) Mention treatment modalities and explain nursing management of a client with catatonic schizophrenia. 5
2. Long Answer Question : (2+4+5=11)
 - a) Define phobia. 2
 - b) Write classification of phobia. 4
 - c) Develop nursing care plan for a client with phobic disorder. 5
3. Write Short Answers on (**any three** out of five) : (3×5=15)
 - a) Dissociative amnesia and role of nurse.
 - b) Bill of Rights for psychiatric patients.
 - c) Nursing management of client with insomnia.
 - d) Conduct disorder.
 - e) Crisis intervention.

P.T.O.

54016



SECTION – II (37 Marks)

4. Long Answer Question : (3+4+5=12)
- a) Define Mania and Depression. 3
 - b) Describe different stages/types of mania. 4
 - c) Explain the treatment modalities used in mania and nurses role in it. 5
5. Long Answer Question : (4+6=10)
- a) List the risk factors related with suicide and describe theories of suicide. 4
 - b) Develop nursing care plan for a suicidal client. 6
6. Write Short Answers on (**any three** out of five) : (3×5=15)
- a) Management of Bulimia Nervosa.
 - b) Antisocial personality disorder.
 - c) Day care centres.
 - d) National Mental Health Programme.
 - e) Terminal illness counselling.
-



54016

Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing), Winter 2015

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answer book for **all** sections.

SECTION - I (38 - Marks)

1. Long Answer : (3+4+5=12)
 - a) Explain three types of crisis. 3
 - b) Explain etiologic factors related to suicide 4
 - c) Describe nursing care of patient with OCD 5
2. Long Answer : (2+4+5=11)
 - a) Define Schizophrenia. 2
 - b) Discuss Positive and negative symptoms of schizophrenia. 4
 - c) Describe psycho social rehabilitation of schizophrenia patient. 5
3. Short Answer Question (**any three** out of five) : (3x5=15)
 - a) Thought disorder.
 - b) Neuropsychiatric complication of Alcohol Dependence Syndrome.
 - c) Half way homes.
 - d) Difference between Psychosis and Neurosis.
 - e) Anorexia Nervosa.

P.T.O.

54016



SECTION – II (37- Marks)

4. Long Answer : (3+4+5=12)
- a) Define and explain pervasive developmental disorder. 3
 - b) Discuss clinical manifestations of autistic disorder. 4
 - c) Describe the role of a nurse in promotion of mental health. 5
5. Long Answer : (4+6=10)
- a) Discuss psycho-social therapies used in Generalized anxiety disorder. 4
 - b) Describe risk factors related to geriatric psychiatry and role of nurse in protecting geriatric population. 6
6. Short Answer question (any three out of five) : (3x5=15)
- a) Characteristics of narcissistic personality.
 - b) Process of grieving.
 - c) Discuss phobias.
 - d) Difference between delirium and dementia.
 - e) Diagnostic criteria for mood disorder.



54016

Final M.Sc. Nursing (Mental (Psychiatric) Health Nursing) Examination,
Summer 2015
MENTAL (PSYCHIATRIC) HEALTH NURSING – II

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answer book for **all** Sections.

SECTION – A

(38 Marks)

1. Long Answer Question. (3+4+5=12)
 - a) Define substance use disorders. Enlist types of substance use disorders. 3
 - b) Discuss the causes of substance abuse in today's society. 4
 - c) Explain the management of patient with cannabis use disorder. 5
2. Long Answer Question. (2+4+5=11)
 - a) Define Generalized Anxiety Disorder (GAD). 2
 - b) Discuss psychopathology of GAD. 4
 - c) Describe the management of GAD. 5
3. Short answer question (any three out of five) : (3x5=15)
 - a) Psychosocial issues of patient with HIV.
 - b) Nursing management of client with insomnia.
 - c) Phases of the development of crisis.
 - d) Community Mental Health services.
 - e) Lithium.

P.T.O.

54016



SECTION – B

(37 Marks)

4. Long Answer Question. (3+4+5=12)
- a) Define catatonic schizophrenia. 3
 - b) Discuss the signs and symptoms of catatonic schizophrenia. 4
 - c) Develop a care plan for patient with catatonic stupor and his rehabilitation. 5
5. Long answer question. (4+6=10)
- a) Enlist the various types of child psychiatric disorders. Define ADHD. 4
 - b) Discuss the prevention and rehabilitation of moderate Mental retardation. 6
6. Short answer question (**any three** out of five) : (3x5=15)
- a) Types of delusion.
 - b) National Mental Health Programme.
 - c) Group Therapy.
 - d) Anorexia Nervosa.
 - e) Principles of counselling.
-



Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing), Winter 2014
Mental [Psychiatric] Health Nursing - II

Total Duration : 3 Hours

Total Marks : 75

Instructions:

- 1) Use blue/black ball point pen only.
- 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are compulsory.
- 4) The number to the right indicates full marks.
- 5) Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all section.

Section "I" (38 Marks)

1. Answer the following. (3+4+5=12)
 - a) Define anxiety and enumerate the various anxiety disorders. 3
 - b) Describe the level of anxiety. 4
 - c) Explain the management of a patient with Generalised Anxiety Disorder. 5
2. Answer the following. (2+4+5=11)
 - a) Define Personality. 2
 - b) Describe the types of personality disorder as per DSM-IV. 4
 - c) Explain the nursing management of a patient with Narcissistic Personality disorder. 5
3. Short answer question (any three out of five) : (3x5=15)
 - a) Crisis intervention
 - b) Principles of Psychiatric Nursing
 - c) Nursing management in Body Dysmorphic disorder
 - d) Halfway Homes
 - e) Biological and psychological aspects of aging

Section "II" (37 Marks)

4. Answer the following. (3+4+5=12)
 - a) Define Schizophrenia. 3
 - b) Describe the clinical features of Schizophrenia. 4
 - c) Explain the nursing management of patient with catatonic disorder. 5

P.T.O.

54016

5. Answer the following.

(4+6=10)

- a) Describe the Biopsychological needs of aging.
- b) Explain the nursing management of patient with Dementia.

4

6

6. Short answer question (any three out of five) :

(3x5=15)

- a) Bipolar disorder
 - b) Role of nurse in autistic disorder
 - c) Ethical and legal issues in psychiatric nursing
 - d) Gender identity disorder
 - e) Counselling of unwed pregnant mother
-



54016



Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing), Summer-2014 Examination

MENTAL [PSYCHIATRIC] HEALTH NURSING - II

Total Duration : 3 Hours

Total Marks : 75

- Instructions:
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

SECTION - I

38 Marks

1. L A Q (3+4+5=12)
 - a) Define sexual disorders. 3
 - b) List down the sexual disorders. 4
 - c) Explain the causes of human sexual disorder. 5
2. L A Q (2+4+5=11)
 - a) Define anxiety disorder. 2
 - b) Discuss the levels of Anxiety . 4
 - c) Explain the nursing management for client with Phobic disorders . 5
3. Brief answer question (any three out of five) : (3x5=15)
 - a) Bipolar disorder
 - b) First Rank Symptoms of Schizophrenia
 - c) Generalised Anxiety disorder
 - d) Oppositional defiant disorder.
 - e) Nursing management in Body Dysmorphic Disorders.

(P.T.O.)



54016

SECTION - II

37 Marks

4. L A Q (3+4+5=12)
- a) Define Personality disorder. 3
 - b) List down the types of Personality disorders as per DSM -IV.. 4
 - c) Discuss the causes of personality disorders. 5
5. L A Q (4+6=10)
- a) Define Mental Health Nursing. 4
 - b) Explain the National Mental Health Programme. 6
6. Brief answer question (any three out of five) : (3x5=15)
- a) Half way homes.
 - b) Legal issues in Psychiatric Nursing .
 - c) Adjustment disorder.
 - d) Role of nurse in Autistic disorder.
 - e) Grief reaction .



54016

Final M.Sc. Nursing Mental [Psychiatric] Health Nursing
Examination, Summer 2012

MENTAL (PSYCHIATRIC) HEALTH NURSING – II

Duration : 3 Hours

Total Marks : 75

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) **Draw** diagrams **wherever** necessary.

SECTION – I

1. (3+4+5=12)
 - a) Define substance intoxication and substance withdrawal. 3
 - b) Describe predisposing factors implicated for substance abuse. 4
 - c) Write treatment modalities for alcohol dependence, including various Psycho-social therapies. 5

2. (2+4+5=11)
 - a) Define Paranoid Schizophrenia. 2
 - b) Describe different types of delusional disorders. 4
 - c) Develop nursing care plan applying nursing process for a client with Paranoid Schizophrenia. 5

3. Write short answers (any three out of five) : (3x5=15)
 - a) Phases of the development of crisis.
 - b) Nurses role in prevention of suicide.
 - c) Psychodynamics of phobia.
 - d) Nursing management of client with Dementia.
 - e) Psychological factors in relation to asthma and nurses role.

P.T.O.



SECTION - II

4. (3+4+5=12)
- a) Define Mental Retardation. 3
 - b) Describe etiological factors of Mental Retardation. 4
 - c) Write nursing management of a child with severe mental retardation applying nursing process. 5
5. (4+6=10)
- a) Explain biological aspects of aging. 4
 - b) Describe the psycho-social problem of individual with HIV/AIDS and nurses role. 6
6. Write short answers (any three out of five) : (3×5=15)
- a) Role of nurse in preventive psychiatry.
 - b) Principles of psycho-social rehabilitation.
 - c) Death dying counseling.
 - d) Inservice education programme in psychiatric care
 - e) Practice standards for psychiatric care unit.
-



54016

**Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, Winter 2011
MENTAL (PSYCHIATRIC) HEALTH NURSING – II**

Duration : 3 Hours

Total Marks : 75

- Instructions:*
- 1) Use blue/black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.

SECTION – I

Marks : 38

Long answer : 12

1. a) Enumerate classes of psychoactive substances. 3
- b) Explain the dynamics of substance related disorder. 4
- c) Describe rehabilitation of client with chronic alcoholism. 5

Long answer : 11

2. a) Define post traumatic stress disorder (PTSD). 2
- b) Explain the clinical features of PTSD. 4
- c) Discuss crisis intervention in terms of dealing PTSD. 5

3. Write short answers on (any three) : (3×5=15)

- a) Management of violent patient
- b) Autism
- c) Psychopharmacological interventions of dementia
- d) Obsessive compulsive disorder
- e) Hypochondriasis.

P.T.O.

54016



SECTION – II

Marks : 37

- Long answer : 12
4. a) Enumerate classification of schizophrenia. 3
b) Explain psychopathology of schizophrenia. 4
c) Describe nursing management for patient with catatonic schizophrenia. 5
- Long answer : 10
5. a) Explain predisposing factors and clinical features of Bipolar mood disorder. 4
b) Discuss the comprehensive management of a client with major depression having suicidal ideations. 6
6. Write short notes on (any three) : (3×5=15)
- a) Sexual dysfunction
 - b) National mental health programme
 - c) Half way home
 - d) Terminal illness counseling
 - e) Legal role and responsibilities of a psychiatric nurse.



54016

**Final M.Sc. Nursing (Mental [Psychiatric] Health Nursing)
Examination, May/June 2011
MENTAL [PSYCHIATRIC] HEALTH NURSING – II**

Duration: 3 Hours

Total Marks: 75

- Instructions :**
- 1) Use blue/black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.

SECTION – I

(Marks : 38)

Long answer question :

- | | |
|--|-----------|
| 1. a) Define substances induced disorders. | 3 |
| b) Discuss psychoactive substances. | 4 |
| c) Community participation is very much needed for the management for the substances-related disorders. Comment. | 5 |
| | <u>12</u> |
| 2. a) Define schizophrenia. | 2 |
| b) Discuss the predisposing factors, negative and positive symptoms of schizophrenia. | 4 |
| c) How family therapy helps in managing schizophrenics ? | 5 |
| | <u>11</u> |

Write short answers on (any three) :

(3×5=15)

3. a) Panic disorder.
- b) Attention deficit hyper activity disorder.
- c) Management of a suicidal tendency patient.
- d) Maladaptive response to loss.
- e) Management of post traumatic stress disorder.

P.T.O.

54016



SECTION - II

(Marks : 37)

Long answer question :

4. a) Define somatoform disorder. 3
- b) Explain conversion disorder and dissociative disorder. 4
- c) Discuss the nursing management of a patient with somatoform disorders. 5
- 12
5. a) Explain National Mental Health Program and role of a psychiatric specialised nurse in this program. 4
- b) List down different psychosocial rehabilitation and explain halfway home. 6
- 10
6. Write short answers on (any three) : (3×5=15)
- a) Avoidance personality disorder.
- b) Psychological factors and peptic ulcer.
- c) Primary prevention in community psychiatric aspect.
- d) Bulimia nervosa.
- e) Separation anxiety disorder.



Final M.Sc. Nursing Examination, November/December 2010
MENTAL (PSYCHIATRIC) HEALTH NURSING – II

Duration: 3 Hours

Total Marks: 75

- Instructions :*
- 1) Use blue/black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.

SECTION – I

(Marks : 38)

- | | |
|---|-----------|
| 1. a) Define obsessive compulsive disorder. | 3 |
| b) Explain the psychopathology of obsessive compulsive disorder (OCD). | 4 |
| c) Explain different behaviour therapies used in OCD (minimum 3). | 5 |
| | <u>12</u> |
| 2. a) Define mood disorders. | 2 |
| b) Discuss the psychotic disorders. | 4 |
| c) Explain in detail care of a depressed client with suicide ideation including nurse's role. | 5 |
| | <u>11</u> |
| 3. Write short answers on (any three) : | (3×5=15) |
| a) Grief and grief reaction. | |
| b) Nursing management of aggressive patient. | |
| c) Role of a nurse in post traumatic stress disorder. | |
| d) Maladaptive response to loss. | |
| e) Autistic disorder and role of nurse. | |



SECTION - II

(Marks : 37)

4. a) Define attention deficit/hyperactivity disorder (ADHD). 3
- b) Nursing management of attention deficit hyperactivity disorder (ADHD). 4
- c) Discuss the psychopathology and signs and symptoms of attention deficit/hyperactivity disorder (ADHD). 5
- 12
5. a) Define conversion disorders. Explain how patient get relief of anxiety through conversion disorder. 4
- b) Explain the psychiatric problems among elderly. 6
- 10
6. Write short answers on (any three) : (3×5=15)
- a) Antabuse and nurse's responsibility.
- b) Nursing management of anorexia nervosa.
- c) Changing focus of care under national mental health program.
- d) Sheltered workshops.
- e) Postpartum psychosis and role of nurse in the treatment aspect.