

First M.Sc. Nursing Examination, Winter - 2022
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not write anything on the blank portion of the question paper.** Rough work should not be done on the answer sheets or anywhere on the question paper except the specific space provided for the rough work. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
 - 7) **Use a common answerbook for all sections.**

SECTION - "I" (38 Marks)

1. **Long answer question :** [3+4+5=12]
 - a) Discuss Therapeutic Communication. [3]
 - b) Explain the dynamics of Therapeutic Nurse-Patient relationship. [4]
 - c) Describe the techniques that promote assertive behaviour. [5]

2. **Long answer question :** [2+4+5=11]
 - a) Define the term mental health. [2]
 - b) Discuss genetics and its implications for psychiatric illness. [4]
 - c) Explain Erikson's theory of psychosocial development. [5]

3. Short answer questions (any three out of five) : [3×5=15]

- a) Psychotherapy.
- b) Role of nurse in administration of antipsychotic drugs.
- c) Electro Convulsive Therapy.
- d) Alternative system of medicine in psychiatric
- e) Nursing process and documentation in mental health nursing.

SECTION - "II" (37 Marks)

4. Long answer question : [3+4+5=12]

- a) Define stress. [3]
- b) Discuss communication process & list factors affecting effective communication. [4]
- c) Explain role of nurse in stress management. [5]

5. Long answer question : [4+6=10]

- a) Discuss role of the nurse in promoting self esteem. [4]
- b) Describe any two psychosocial therapies in detail. [6]

6. Short answer questions (any three out of five) : [3×5=15]

- a) Mood stabilizers
- b) Components of mental status examination
- c) ICD - Classification of mental illness
- d) Rights of a mentally ill client
- e) Thought - Stopping techniques



First M.Sc. Nursing Examination, Winter - 2021 (Phase - II)
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answer book for all sections.

SECTION - I [38 Marks]

1. Long Answer Question : [3 + 4 + 5 = 12]
 - a) Appreciate the trends and issues in the field of psychiatric and psychiatric nursing. [3]
 - b) Discuss National Mental Health Program. [4]
 - c) Discuss Multi-Disciplinary team and Role of Nurse. [5]

2. Long Answer Question : [2 + 4 + 5 = 11]
 - a) Define therapeutic nurse patient relationship. [2]
 - b) Discuss communication process and factors affecting communication. [4]
 - c) Explain phases of therapeutic nurse patient relationship & conditions essential to development of a therapeutic relationship. [5]

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3. Short answer questions (any three out of five) : [3 × 5 = 15]
- a) Therapeutic touch and massage
 - b) Sedative-Hypnotics
 - c) Milieu Therapy
 - d) Nursing case management
 - e) Human Rights of mentally ill

SECTION - II [37 Marks]

4. Long Answer Question : [3 + 4 + 5 = 12]
- a) What do you understand by the term Self esteem. [3]
 - b) Discuss the components of Self esteem. [4]
 - c) Describe development of Self esteem and manifestations of Low self esteem. [5]
5. Long Answer Question. [4 + 6 = 10]
- a) Explain Nursing process in mental health nursing & Mental health Assessment. [4]
 - b) Discuss Critical pathways of care and Documentation. [6]
6. Short answer question (any three out of five) : [3 × 5 = 15]
- a) Classification of mental illnesses as per DSM latest Version.
 - b) Psychoimmunology
 - c) Theory of Psycho-social Development - Erickson's
 - d) Stress as transaction between the individual and environment
 - e) Disadvantages of Electroconvulsive therapy.



First M.Sc. Nursing Examination, Summer Phase - II
(All Other, Except PG Medical) - 2021
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answer book for all sections.

SECTION - A (38 Marks)

1. Long answer question : [3 + 4 + 5 = 12]
 - a) List the criteria of positive mental health. [3]
 - b) Discuss factors influencing mental illness. [4]
 - c) Explain the role of nurse in prevention of mental illness. [5]

2. Long answer question: [2 + 4 + 5 = 11]
 - a) Define Psychobiology. [2]
 - b) Discuss the role of genetics in mental illness. [4]
 - c) Explain the implications for psychiatric Nursing. [5]

3. Short answer question (any three out of five) : [3 × 5 = 15]
 - a) Multi-Disciplinary Team and Role of Mental Health Nurse.
 - b) Neuro-transmitters.
 - c) Coping Mechanisms.
 - d) Nurse - Client Relationship.
 - e) Therapeutic communication techniques.

SECTION - B (37 Marks)

4. Long answer question : [3 + 4 + 5 = 12]
- a) Discuss Interpersonal Relationship. [3]
 - b) Explain the dynamics of Therapeutic Nurse - Patient Relationship. [4]
 - c) Describe the technique of therapeutic communication. [5]
5. Long answer question: [4 + 6 = 10]
- a) Define Stress and Explain Psychological Adaptation to Stress. [4]
 - b) Discuss Stress Management Techniques and Role of Nurse. [6]
6. Short answer question (any three out of five) : [3 × 5 = 15]
- a) Family Therapy.
 - b) Anti-depressants.
 - c) Role of nurse in ECT.
 - d) Role of Alternative systems of medicine in mental health, mental illness.
 - e) Role of nurse in promoting self esteem.

First M.Sc. Nursing Examination, Winter - 2020

Psychiatric Nursing - III

Total Duration : 3 Hours

Total Marks : 75

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SECTION - "I" (38 Marks)

1. Long answer question. [3+4+5=12]
 - a) Define alternative and complementary therapy in mental health nursing. [3]
 - b) Describe alternative therapy in mental health nursing. [4]
 - c) Discuss the role of nurse in diet and nutrition in the treatment of mentally ill patient. [5]

2. Long answer question. [2+4+5=11]
 - a) Define communication. [2]
 - b) Discuss therapeutic impasse and its management. [4]
 - c) Explain the phases of nurse patient relationship. [5]

3. Short answer question (**any three** out of five) : [3×5=15]
- a) ICD 10 classification of mental illness.
 - b) Case management in psychiatric nursing.
 - c) Anti-anxiety drugs.
 - d) Classification of behaviour therapy.
 - e) Assertive and non-assertive behaviour.

SECTION - "II" (37 Marks)

4. Long answer question. [3+4+5=12]
- a) Describe ECT. [3]
 - b) Explain indication and contraindication of ECT. [4]
 - c) Discuss the role of nurse in pre and post ECT procedure. [5]
5. Long answer question. [4+6=10]
- a) Describe General Adaptation Syndrome. [4]
 - b) Explain the stress management techniques. [6]
6. Short answer question (**any three** out of five) : [3×5=15]
- a) Therapeutic Community.
 - b) Psychoanalytical theory.
 - c) Multidisciplinary team approach in psychiatry.
 - d) Importance of Psychobiology in mental health Nursing.
 - e) Cognitive behaviour therapy.



**First M.Sc. Nursing Examination, Summer (Phase - III All Other
Remaining UG/PG Courses) - 2020
PSYCHIATRIC NURSING - III**

Total Duration : 3 Hours

Total Marks : 75

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SECTION - "A" (38 Marks)

1. Long answer question : [3 + 4 + 5 = 12]
- a) What do you mean by psychoimmunology?
 - b) Discuss the implication of psychoimmunology in mental illness and psychiatric nursing care.
 - c) Explain the concepts of neuro endocrinology in relation to psychiatric illness and implication in psychiatric nursing practice.

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2. Long answer question :

[2 + 4 + 5 = 11]

- a) Define Therapeutic communication.
- b) Explain Therapeutic impasse and its management.
- c) Discuss barriers of communication with specific reference to psychopathology in therapeutic nurse patient relationship.

3. Short answer question (any three out of five) :

[3 × 5 = 15]

- a) Biological and psychological response to stress.
- b) Cognitive development theory.
- c) Classification of mental illness.
- d) Behavioral components of assertive behaviour and its techniques to promote it.
- e) National Mental Health Act.

SECTION - "B" (37 Marks)

4. Long answer question :

[3 + 4 + 5 = 12]

- a) What do you mean by self esteem?
- b) Explain the manifestation of low self esteem and role of mental health nurse in it.
- c) Discuss the components of self concept and development of self esteem in relation to promoting self esteem in an individual.

5. Long answer question :

[4 + 6 = 10]

- a) Discuss on psychometric assessment for mentally ill patient and role of mental health nurse in it.
- b) Discuss behavior therapy in detail. How can a mental health nurse use behavior therapy for mentally ill patient in the ward?

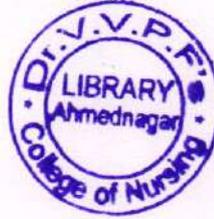
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6. Short answer questions (**any three** out of five) :

[3 × 5 = 15]

- a) Electro Convulsive Therapy and nursing care.
- b) Antipsychotics drug.
- c) Therapeutic touch as alternative medicine in mental health.
- d) Occupational therapy.
- e) Importance of Documentation in mental health nursing.





[Total No. of Pages : 2

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**First M.Sc. Nursing Examination, Winter
(Phase - III All Other remaining UG/PG Course) - 2019
PSYCHIATRIC NURSING - III**

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answer book for all sections.

SECTION - I (38 Marks)

1. Psychosocial therapies are very important in treating mentally ill patients. Answer the following: [3+4+5=12]
 - a) Enumerate the classification of psychosocial therapies. [3]
 - b) Describe the importance of psychosocial therapies. [4]
 - c) Explain the occupational therapy. [5]

2. Long answer question : [2+4+5=11]
 - a) Define Mental Health and Mental Health Nursing. [2]
 - b) Discuss the Human Rights of Mentally ill patients. [4]
 - c) Explain the role and functions of Mental Health Nurse. [5]

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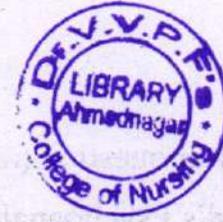
[3 × 5 = 15]

3. Short answer question (**any three** out of five):
- Techniques promoting Assertive behaviour.
 - Sheltered workshop.
 - Therapeutic impasses and its management.
 - Psycho-sexual development theory of Freud.
 - Indian Mental Health Act, 1987.

SECTION - II (37 Marks)

4. Long answer question : [3+4+5=12]
- Define and discuss the importance of psychometric assessment. [3]
 - Explain the various methods of documentation of nursing process in psychiatric nursing. [4]
 - Describe Neurological Examination. [5]
5. Long answers question: [4+6=10]
- Describe the indications and contraindications for ECT. [4]
 - Explain the role of nurse in ECT administration. [6]
6. Short answer question (**any three** out of five): [3 × 5 = 15]
- Antipsychotics.
 - Manifestations of low self-esteem.
 - Complimentary therapy.
 - Stress management.
 - Therapeutic Nurse-Patient Relationship.





First M.Sc. Nursing Examination, Summer (Phase - II) 2019
PSYCHIATRIC NURSING - III

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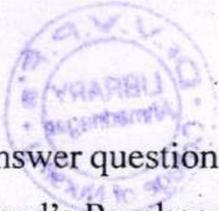
SECTION - I (38 Marks)

1. Long Answer Question :

- a) Define Mental Health and Mental Illness. [3]
- b) Multi-Disciplinary team and Role of Nurse. [4]
- c) National Mental Health Programme. [5]

2. Long answer question :

- a) Define Therapeutic Communication. [2]
- b) Discuss Phases of Nurse Patient Relationship. [4]
- c) Explain the Techniques of Therapeutic Communication Technique. [5]



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3. Short answer question (any three out of five) :

[3 × 5 = 15]

- a) Freud's Psychoanalytical Theory.
- b) Stress and its Management.
- c) Psycho-immunology.
- d) Promoting Self-Esteem.
- e) Anti Psychotics.

SECTION - II (37 Marks)

4. Long Answer Question :

- a) Define Assertive Training. [3]
- b) Discuss Basic Human Rights. [4]
- c) Explain Techniques that promote Assertive Behaviour. [5]

5. Long answer question :

- a) Define Psycho social therapies. Write a note on Occupational therapy. [4]
- b) Behaviour Therapy and its role in the management of mental illness. [6]

6. Short answer question (any three out of five) :

[3 × 5 = 15]

- a) Electro Convulsive Therapy.
- b) Therapeutic Touch and Massage as an Alternative system of medicine in Mental Health.
- c) Anti-Depressant agents.
- d) Documentation as a part of the nursing process in mental health nursing.
- e) Theory of Moral Development.





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**First M.Sc. Nursing Examination, Summer 2017
PSYCHIATRIC NURSING – III**

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 - 7) **Use** a common answerbook for **all** Sections.

SECTION "I" (38 Marks)

Long answer question : (3+4+5=12)

Explain therapeutic communication and interpersonal relationship under following heads :

- a) Explain therapeutic communication. 3
- b) Describe Johari window. 4
- c) Discuss working phase of nurse-patient relationship. 5

Long answer question : (2+4+5=11)

Explain concepts of psychobiology under following heads :

- a) Define scope of mental health nursing. 2
- b) Enlist the Neuro psychiatric disorders. 4
- c) Discuss implications of psychoimmunology in mental illness. 5

Short answer questions (**any three** out of five) : (3×5=15)

- a) Write note on Neurotransmitters.
- b) Withdrawal symptoms of antipsychotic.
- c) Nursing case management.
- d) Therapeutic touch and massage therapy.
- e) Low self esteem.



SECTION "II" (37 Marks)

Long answer questions :

(3+4+5=12)

Explain following heads

-) Discuss components of self concept. 3
-) How is neuro imaging used in psychiatry ? 4
-) Describe briefly various tools used for mental health assessment. 5

Long answer question :

(4+6=10)

Explain stress under following heads

-) Explain the sources of stress. 4
-) Describe various stress management techniques and role of a nurse. 6

Short answer questions (any three out of five) :

(3×5=15)

-) Assertive behaviour.
 -) Interpersonal theory of Sullivan.
 -) Trends and Issues in mental health nursing in India.
 -) Types of admissions to mental hospital in India.
 -) Importance of documentation in mental health nursing.
-



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**First M.Sc. Nursing Examination, Winter 2016
PSYCHIATRIC NURSING – III**

Total Duration : 3 Hours

Total Marks : 75

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 - 7) Use a common answerbook for **all** Sections.

SECTION – I (38 Marks)

1. Long answer question : (3+4+5=12)
 - a) Define Psycho Pharmacology. 3
 - b) Classification of Psycho-Pharmacological Drugs. 4
 - c) Explain in detail regarding side effects of Atypical and Typical Anti-Psychotic Drugs. 5
2. Long answer question : (2+4+5=11)
 - a) Define Stress. 2
 - b) Explain Psychological Adaptation to Stress. 4
 - c) Explain stress management technique in H.I.V. Patients. 5
3. Short answer question (**any three** out of five) : (3×5=15)
 - a) Erickson Psycho Social Development.
 - b) Objectives of Mental Health Act.
 - c) Thought-Stopping Techniques.
 - d) The Manifestations of Low-Self-Esteem.
 - e) Family Therapy.

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SECTION – II (37 Marks)

4. Long answer question : (3+4+5=12)
- a) Define Health. 3
 - b) Components in mental health. 4
 - c) Issues of mental health in rural India. 5
5. Long answer question : (4+6=10)
- a) Discuss Human Rights of mentally ill. 4
 - b) Explain Mental Health/Mental Illness Continuum. 6
6. Short answer question (**any three** out of five) : (3×5=15)
- a) Interpersonal Theory-Sullivan.
 - b) Psycho-immunology.
 - c) Difference between I.C.D and D.S.M. Classification.
 - d) Definition of Psychiatric Nursing.
 - e) Techniques of Therapeutic communication.
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**First Year M.Sc. Nursing Examination, Summer 2016
PSYCHIATRIC NURSING – III**

Total Duration : 3 Hours

Total Marks : 75

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 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.

SECTION – I (38 Marks)

1. Long Answer Question : (3+4+5=12)
 Explain Mental health and mental illness under following heads
 - a) Discuss objectives of National Mental Health Programme. 3
 - b) Describe role of nurse in multidisciplinary team. 4
 - c) Describe significance and importance of genetics in mental illness. 5

2. Long Answer Question : (2+4+5=11)
 Explain Therapeutic communication and interpersonal relationship under following heads
 - a) Define therapeutic nurse-patient relationship. 2
 - b) Discuss briefly therapeutic impasses and its management. 4
 - c) Describe theory of moral development. 5

3. Write Short Answer (**any three** out of five) : (3×5=15)
 - a) Standards of Psychiatric nursing.
 - b) General adaptation syndrome.
 - c) Passive aggressive behaviour.
 - d) Development of self esteem.
 - e) Mood stabilizers.

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SECTION – II (37 Marks)

4. Long Answer Question : (3+4+5=12)
Explain Psycho social therapies under following heads
- a) Define Psycho social therapies. 3
 - b) Describe in detail drugs used in ECT procedure. 4
 - c) Describe levels of prevention of mental illness. 5
5. Long Answer Question : (4+6=10)
Answer the following :
- a) Explain Freud's psychoanalytical theory. 4
 - b) Write various techniques that promote assertive behaviour. 6
6. Write Short Answer (**any three** out of five) : (3×5=15)
- a) Yoga therapy used in mental health and mental illness.
 - b) Extra pyramidal symptoms.
 - c) Biofeedback.
 - d) Legal aspects in psychiatric nursing.
 - e) The PIE method.
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First M.Sc. Nursing, Winter 2015
Psychiatric Nursing - III



Total Duration : 3 Hours

Total Marks : 75

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- 7) **Use** a common answer book for **all** section.

Section "I" (38 Marks)

1. Long Answer : (3+4+5=12)
 - a) Discuss Therapeutic Communication. 3
 - b) Explain Therapeutic Nurse Client Relationship. 4
 - c) Discuss Interpersonal Theory by Sullivan. 5
2. Long Answer : (2+4+5=11)
 - a) Define Mental illness. 2
 - b) Explain objectives of Mental Health Act. 4
 - c) Describe Eriksons Theory of Psychosocial Development. 5
3. Short Answer Question (**any three** out of five) : (3x5=15)
 - a) Interpersonal Relationship
 - b) Mood Stabilizers
 - c) Basic Human Rights
 - d) Critical pathways of care
 - e) Psychometric Assessment.

Section "II" (37 Marks)

4. Long Answer : (3+4+5=12)
 - a) Define and discuss stress. 3
 - b) How does transaction between individual & environment results in stress 4
 - c) Discuss role of the nurse in promoting Self - Esteem in a client. 5

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5. Long Answer :

(4+6=10)

a) Discuss side effects of ECT.

4

b) Describe in detail the role of nurse in ECT.

6

6. Short Answer Question (**any three** out of five) :

(3x5=15)

a) Pet Therapy

b) Thought stopping technique method

c) Nursing Process in Psychiatric nursing

d) Therapeutic impasse and its management

e) Classification of mental illness.

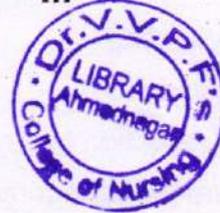


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First M.Sc. Nursing Examination, Summer 2015
PSYCHIATRIC NURSING – III

Total Duration : 3 Hours

Total Marks : 75



SECTION – A/B

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 - 7) **Use a common answer book for all Sections.**

SECTION – A

(38 Marks)

1. Answer the following. (3+4+5= 12)
 - a) Define mental health and mental illness. 3
 - b) Explain mental health and mental illness continuum with illustration. 4
 - c) Discuss Multi- Disciplinary team and role of nurse in psychiatric nursing.. 5
2. Answer the following. (2+4+5=11)
 - a) Define therapeutic communication. 2
 - b) Discuss barriers in communication with specific reference to psychopathology. 4
 - c) Explain therapeutic communication techniques. 5
3. Short answer question (any three out of five) : (3x5= 15)
 - a) Therapeutic Community.
 - b) Cognitive Development Theory.
 - c) Mental Health Act.
 - d) Nurse-Client Relationship.
 - e) Basic Human Rights.

P.T.O.

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SECTION – B

(37 Marks)

4. Answer the following. (3+4+5= 12)
- a) Define Stress. 3
 - b) Discuss adaptation to stress. 4
 - c) Explain stress management and role of nurse in it. 5
5. Answer the following. (4+6= 10)
- a) Discuss therapeutic touch and massage. 4
 - b) Explain ECT and role of nurse in it. 6
6. Short answer question (**any three** out of five) : (3x5=15)
- a) Extrapyramidal Symptoms.
 - b) Mental Status Examination.
 - c) Occupational Therapy.
 - d) Delusions.
 - e) Psychometric Assessment.
-



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First M.Sc. Nursing, Winter - 2014 Examination
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

- Instructions: 1) Use **blue/black** ball point pen only.
- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

SECTION - I

38 Marks

1. Long answer question. (3+4+5=12)
 - a) Define Mental Health & List the factors influencing mental health. 3
 - b) Discuss stress management. 4
 - c) Describe the role of psychiatric Mental Health Nurse. 5

2. Long answer question. (2+4+5=11)
 - a) Define Psychoimmunology 2
 - b) Discuss implications of psychoimmunology in mental illness. 4
 - c) Explain BF Skinners Operant conditioning Theory & its application in the clinical field 5

3. Write Short Notes (**any three** out of five) : (3x5=15)
 - a) Anti psychotics
 - b) Family Therapy
 - c) Mental Health Team
 - d) Promotion of Assertive Behavior
 - e) Therapeutic touch & massage in mental health.

(P.T.O.)



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SECTION - II

37 Marks

4. Long answer question. (3+4+5=12)
- a) Define Therapeutic Communication. 3
 - b) Discuss the Barriers of communication with specific reference to psychopathology. 4
 - c) Explain therapeutic Nurse-patient relationship & its phases. 5
5. Long answer question. (4+6=10)
- a) Discuss the indications, contra indications of Electro convulsive therapy 4
 - b) Explain the role of nurse in Electro-convulsive therapy 6
6. Write Short Notes (**any three** out of five) : (3x5=15)
- a) Psychometric assessment.
 - b) Techniques of therapeutic communication
 - c) Milieu Therapy
 - d) Nursing Process & Documentation
 - e) National Mental Health Programme.



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First M.Sc. Nursing, Summer-2014 Examination
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

- Instructions: 1) Use **blue/black** ball point pen only.
- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All** questions are **compulsory**.
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answerbook for all sections.

SECTION - I

38 Marks

1. Long answer (3+4+5=12)
- a) What do you mean by therapeutic Nurse Patient Relationship? 3
- b) Write down the therapeutic communication techniques used by a nurse while interacting with the patient. 4
- c) Explain Working phase in NPR 5
2. Long answer (2+4+5=11)
- a) What do you mean by stress? 2
- b) Explain how it affect mental health of a person 4
- c) Mental status Examination and its importance 5
3. Brief answer question (any three out of five) : (3x5=15)
- a) .Basic human rights
- b) .Hallucinations and its types
- c) .Inter personal Theory by Hildegard Peplau and its application in Psychiatric Nursing.
- d) Classification of mental illnesses - ICD 10
- e) .Neurotransmitters

(P.T.O.)



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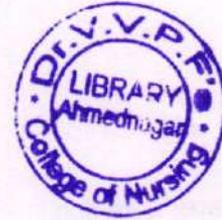
SECTION - II

37 Marks

4. Long answer (3+4+5=12)
- a) Define mental health and mental illness 3
 - b) Explain the role of nurse in the Mental Health Team team 4
 - c) National mental health program and its objectives 5
5. Long answer (4+6=10)
- a) Write the classification of psychotropic drugs 4
 - b) Explain the nurses responsibility while caring a patient who is on Antidepressant drugs 6
6. Brief answer question (any three out of five) : (3x5=15)
- a) Role of Nurse during ECT
 - b) Family Therapy
 - c) Therapeutic Community
 - d) Manifestations of low self esteem
 - e) Disorders of thought



Summer-2013 Examination
First M.Sc. Nursing



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PSYCHIATRIC NURSING - III

Duration: 3 Hours

Total Marks: 75

Instruction 1) Use **blue/black** ball point pen only.

2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.

3) **All** questions are **compulsory**.

4) The number to the **right** indicates **full marks**.

5) Draw diagrams **wherever** necessary.

SECTION - I

38 Marks

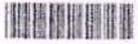
1. Long answer question. (3+4+5=12)
 - a) Define Stress. 3
 - b) Explain the Sources of Stress. 4
 - c) Describe Stress Management Techniques and Role of Nurse. 5
2. Long answer question. (2+4+5=11)
 - a) What is Assertive Training. 2
 - b) Discuss the Behaviour componets of Assertive Behaviour. 4
 - c) Describe techniques that promote assertive behaviour and role of nurse. 5
3. Brief answer question (**any three** out of five) : (3x5=15)
 - a) Yoga as alternative system of medicine in mental health.
 - b) Trends, issues and magnitude of mental health and metal illness.
 - c) Theory of Moral Development.
 - d) Concept of Psychobiology.
 - e) Right of mentally ill clients.

SECTION - II

37 Marks

4. Long answer question. (3+4+5=12)
 - a) What do you understand by the tern self esteem. 3
 - b) Discuss the componets of self esteem. 4
 - c) Describe development of self esteem and manifestation of low self esteem. 5

(P.T.O.)



Summer-2013 Examination

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5. Long answer question. (4+6=10)
- a) What do you understand by communication, therapeutic communication and therapeutic nurse client relationship. 4
 - b) Discuss various phases of nurse client relationship. 6
6. Brief answer question (any three out of five) : (3x5=15)
- a) Mental status examination.
 - b) Antianxiety agents.
 - c) Sertraline.
 - d) Importance of Documentation in mental health nursing.
 - e) Cognitive Development Theory.



54007

First M.Sc. Nursing Examination, Summer 2012
PSYCHIATRIC NURSING – III

Duration : 3 Hours

Total Marks : 75

- Instructions:** 1) Use **blue/black** ball point pen only.
2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an **attempt** to resort to unfair means.
3) **All questions are compulsory**.
4) The number to the **right** indicates **full marks**.
5) **Draw diagrams wherever necessary**.

SECTION – I

(Marks : 38)

Long answer :

- | | |
|--|----------|
| 1. a) Define therapeutic communication. | 3 |
| b) What are the barriers come across the nurse-client communication process ? | 4 |
| c) Explain the phases of therapeutic nurse-client relationship and how to overcome the barriers. | 5 |
| | <hr/> |
| | 12 |
| 2. a) Define stress. | 2 |
| b) Importance of developmental theory in psychiatric nursing. | 4 |
| c) Explain psychosocial developmental theory. | 5 |
| | <hr/> |
| | 11 |
| 3. Write short answers (any three) : | (3×5=15) |
| a) Multidisciplinary team in mental health care | |
| b) Therapeutic communication techniques | |
| c) History taking as a diagnostic tool | |
| d) Milieu therapy | |
| e) Group therapy | |

P.T.O.



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SECTION - II

(Marks : 37)

Long answer :

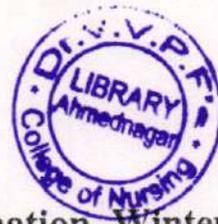
- | | |
|--|-------|
| 4. a) Define psychosocial therapy. | 3 |
| b) List down the psychosocial therapies. | 4 |
| c) Explain Flooding and Token Economy. | 5 |
| | <hr/> |
| | 12 |

- | | |
|---|-------|
| 5. a) Role of a Nurse in administration of Antipsychotic drugs. | 4 |
| b) Explain Action and side effects of anti manic drugs. | 6 |
| | <hr/> |
| | 10 |

(3x5=15)

6. Write short answers (any three) :

- a) Role of a nurse in post ECT
 - b) Half way homes
 - c) Yoga as an alternative system of medicine (Psychosocial therapy)
 - d) Mental status examination
 - e) National Mental Health Program.
-



54007

First M.Sc. Nursing Examination, Winter 2011
PSYCHIATRIC NURSING – III

Duration : 3 Hours

Total Marks : 75

- Instructions:** 1) Use blue/black ball point pen only.
2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
3) All questions are compulsory.
4) The number to the right indicates full marks.
5) Draw diagrams wherever necessary.
6) Give appropriate illustrations.

SECTION – I

(Marks – 38)

- Long Answer : 12
1. a) Concept of positive mental health. 3
b) Explain the factors influencing mental illness. 4
c) Discuss the role of the nurse in mental health promotion. 5
- Long Answer : 11
2. a) Define stress. 2
b) Discuss the adaptive factors minimising effects of stress. 4
c) Explain Betty Neuman's system model with an illustration. 5
3. Answer short on (any 3) : (3×5=15)
- a) Therapeutic community
b) Neurotransmitters
c) Phases and barriers in therapeutic relationship
d) Legal aspects in Psychiatric Nursing
e) Development of Self Esteem

P.T.O.

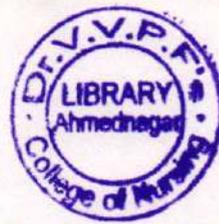
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SECTION – II

(Marks – 37)

- Long Answer : 12
4. a) Purpose of nursing process. 3
b) Discuss Nursing case Management. 4
c) Explain the skills required in mental status examination. 5
- Long Answer : 10
5. a) Discuss Psychosocial therapies. 4
b) Explain group therapy and the role of nurse. 6
6. Write short answers on (any 3) : (3×5=15)
- a) NANDA – Nursing Diagnosis.
b) Assertive Training.
c) Antipsychotic Drugs.
d) Role of the nursing before, during and after electroconvulsive therapy.
e) Diet and Nutrition.
-



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First M.Sc. Nursing Examination, May/June 2011
PSYCHIATRIC NURSING – III

Duration: 3 Hours

Total Marks: 75

- Instructions :*
- 1) Use blue/black ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an **attempt to resort to unfair means**.
 - 3) All questions are **compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams wherever necessary.

SECTION – I

LAQ:

1. a) Define communication. 3
- b) Explain barriers of communication. 4
- c) Describe techniques of therapeutic communication with examples. 5

LAQ:

2. a) Define behaviour therapy. 2
- b) Discuss role of nurse in behaviour therapy. 4
- c) Describe various types of behaviour therapy. 5
3. Write short answer on **any three** : (3×5=15)
 - a) Diet and Nutrition : as alternative system of medicine in mental health.
 - b) Multi-disciplinary team and role of mental health nurse.
 - c) Psycho-analytic theory – Freud.
 - d) Psychoimmunology : implications for psychiatric illness.
 - e) Nursing process in mental health nursing.

SECTION – II

LAQ:

4. a) What do you understand by psycho social therapies ? 3
- b) Enumerate and briefly describe various psycho social therapies. 4
- c) Discuss Milieu therapy and role of nurse. 5

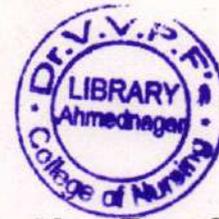
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LAQ:

5. a) National Mental Health Programme : objectives and components. 4
 - b) Discuss role of nurse in levels of prevention. 6
 6. Write short answer on **any three** : (3×5=15)
 - a) Mini Mental Status examination.
 - b) Antipsychotic agents.
 - c) Mono-amine oxidase inhibitors (MAO's).
 - d) Therapeutic community.
 - e) Sullivan's interpersonal theory.
-



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First M.Sc. Nursing Examination, Nov./Dec. 2010
PSYCHIATRIC NURSING – III

Duration: 3 Hours

Total Marks: 75

- Instructions :**
- 1) Use blue/black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.

SECTION – I

Long Answer Question :

1. Answer the following : 12
 - a) Define Mental Health Nursing. 3
 - b) Discuss the extended and expanded roles of mental health nurse. 4
 - c) What are the various responsibilities of mental health nurse in National Mental Health Programme ? 5

Long Answer Question :

2. Brains and its nervous system play a major role in Psychiatry. Answer the following : 11
 - a) Enumerate the types of neuropsychiatric disorders. 2
 - b) Discuss the importance of neurotransmitters and its function in psychobiology. 4
 - c) Discuss in detail about psychoimmunology and its implication in nursing care of mentally ill patient. 5

3. Write short answer (any three) : (3×5=15)

- a) ICD classification of mental illness.
- b) Erikson's theory of Psychosocial development.
- c) Indian Mental Health Act, 1987.
- d) Mental status examination.
- e) Process recording.

P.T.O.



SECTION - II

4. Long Answer Questions : 12

Therapeutic communication is the vehicle for a nurse to give nursing care to the client. Answer the following :

- a) Define therapeutic communication. 3
- b) Discuss the various roles play by professional mental health nurse in therapeutic interpersonal relationship. 4
- c) Explain the phases of therapeutic nurse-patient relationship and its respective nursing tasks. 5

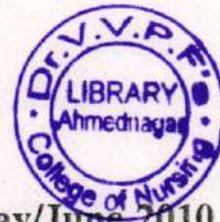
5. Long Answer Questions : 10

Mrs. Jadhav, a 35 year old lady was admitted in a nursing home and was diagnose with stress induce anxiety disorder. On observation she was looking anxious, distress and irritable. Base on this, answer the following :

- a) List down the various type of stress related disorders. 4
- b) Formulate 3 (three) priority nursing diagnosis and its nursing implementation for Mrs. Jadhav. 6

6. Write short answer on **any three** : (3×5=15)

- a) Assertive communication technique.
 - b) Antipsychotic drugs.
 - c) Group therapy.
 - d) Electro convulsive therapy.
 - e) Importance of diet as a treatment in psychiatry.
-



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First M.Sc. Nursing Examination, May/June 2010
PSYCHIATRIC NURSING – III

Duration : 3 Hours

Total Marks : 75

- Instructions:** 1) Use blue/black ball point pen only.
2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
3) All questions are compulsory.
4) The number to the right indicates full marks.
5) Draw diagrams wherever necessary.

SECTION – I

38

1. a) Define mental health. 3
b) Explain mental health and mental illness continuum with illustration. 4
c) Describe the historical development of psychiatric nursing in India. 5
2. a) Define play therapy. 2
b) Enumerate the objectives of play therapy. 4
c) What is the role of a psychiatric nurse in a play therapy? 5
3. Write short answer on any three : (3×5=15)
a) Milieu therapy
b) Lithium carbonate
c) Use of self as a therapeutic tool
d) Limbic system
e) Mental health act.

SECTION – II

37

4. a) What do you understand by theory of psychosocial development? 3
b) List Erikson's stages of developmental sequence. 4
c) Discuss the Erikson's conception of developmental sequence. 5
5. a) List indications and contraindications for ECT. 4
b) Discuss the mechanism of action and the role of the nurse while preparing a patient for 1st ECT. 6
6. Write short answer on any three : (3×5=15)
a) Haloperidol
b) History taking
c) Johari window
d) Causes of communication breakdown and distortion
e) Thought stopping techniques.